

The services listed below must be medically necessary and are subject to utilization review by the South Carolina Department of Health and Human Services (SCDHHS) personnel, and must meet Federal and State laws and regulations.

Prior authorization from the South Carolina Department of Health and Human Services is required before payment will be made for services covered by Medicaid and rendered by an out-of-state provider, excluding those located within a twenty-five (25) mile radius of the South Carolina border.

For referrals out-of-state, the referring physician must obtain PRIOR APPROVAL before out-of-state services are reimbursed. A written request must be submitted to the South Carolina Department of Health and Human Services personnel. Referrals should be made to an out-of-state provider only when the procedure or service is not available within the South Carolina Medical Service Area. All available resources must have been considered and indicated in the request to SCDHHS for the out of state referral.

Out-of-state providers must meet Medicaid enrollment criteria before payment may be made. Payment to out-of-state providers follows federal and state regulations and guidelines as promulgated.

1. INPATIENT HOSPITAL SERVICES. Inpatient Hospital Services must be provided in a general acute care institution licensed as a hospital by the applicable South Carolina licensing authority and certified for participation in the Medicare (Title XVIII) program. Hospital services are subject to the following cost containment measures:

1. Utilization review for appropriateness of treatment and length of stay.
2. Preadmission screening of selected services/procedures.
3. A mandatory outpatient surgery list per fiscal year.

The following procedures are noncovered services: Hospital stays related to clinically unproven procedures and/or experimental procedures, plastic surgical procedures performed for cosmetic reasons, and other procedures determined not be medically necessary.

Abortions and sterilizations are reimbursable in accordance with Federal and State requirements. Coverage for induced abortions is provided when the physician certifies that the pregnancy was a result of rape or incest or the woman suffers from a physical disorder, injury or illness, including a life-endangering physical condition cause or arising from the pregnancy itself, that would place the woman in danger of death unless an abortion is performed.

Effective July 1, 1989 the South Carolina Department of Health and Human Services will sponsor Administrative Day services to recipients who no longer require acute hospital care, but are in need of nursing home placement which is not available at the time. The patient must meet nursing facility level of care. Administrative Days must follow a hospital stay and will be covered in any hospital as long as such care is not available in a nursing home. Swing bed hospitals may furnish Administrative Days provided all swing beds in the hospital are occupied.

2.a OUTPATIENT HOSPITAL SERVICES. Outpatient non-emergency clinic services will be covered.

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2.b. RURAL HEALTH CLINICS. Rural Health Clinic (RHC) services are limited to procedures performed by a physician, physician assistant, nurse practitioner, nurse midwife, or specialized nurse practitioner. RHC services are covered when furnished to patients at the clinic, skilled nursing facility, or the patient's place of residence. Services provided to hospital patients (including emergency room services) are not considered RHC services. All services must be medically necessary and appropriate for the diagnosis and treatment of a specific condition. Reimbursement for RHC services is described in ATTACHMENT 4.19-B.

A maximum of twelve (12) visits per patient per fiscal year for patients age 21 or older. SCDHHS may approve additional ambulatory care visits when medically necessary. Services that exceed the limit may be authorized based on medical necessity or utilization control procedures.

2.c. FEDERAL QUALIFIED HEALTH CENTERS. Federally Qualified Health Centers (FQHC's) services are limited to procedures performed by a physician, physician assistant, nurse practitioner, nurse midwife, or specialized nurse practitioner. FQHC services are covered when furnished to patients at the center. These services are to be reimbursed at an all inclusive rate based on 100% of Medicare reasonable costs and other constraints as identified in paragraph 2(c) of 4.19-B. Services provided at a skilled nursing facility, hospital (including emergency services) or a patient's place of residence are not considered FQHC services.

Supplies, lab work and injections are not billable services. These services and supply costs are included in the all inclusive rate.

A maximum of 12 visits per patient per fiscal year for patients age 21 or older. SCDHHS may approve additional ambulatory care visits when medically necessary. Services that exceed the limit may be authorized based on medical necessity or utilization control procedures.

2.d. Federally Qualified Health Centers. Federally Qualified Health Center services provided to a pregnant woman or an individual under 21 years of age will not be limited to 12 visits per patient per fiscal year.

2.e. Indian Health Service (IHS) Facilities. Services reimbursed at the IHS rate are limited to procedures performed by a physician, physician assistant, nurse practitioner, nurse midwife or specialized nurse practitioner. These services are covered when furnished to a patient at the clinic. These services will be reimbursed at an all-inclusive rate as determined by the IHS.

Supplies, lab work and injections are not billable services. These services and supply costs are included in the all inclusive rate.

3. Other Laboratory and X-Ray Services: Laboratory and X-Ray services shall be covered to the extent permitted in federal Medicaid regulations and must conform to policies, guidelines and limitations as specified in the Physician, Laboratories and other Medical Professional Manuals. Services that exceed the limit may be authorized based on medical necessity or utilization control procedures.

4.a. NURSING FACILITY SERVICES. (For individuals 21 years of age or older). Prior approval for admission (or upon request for payment) and prior approval for level of care certification as appropriate is the responsibility of the Division of Community Long Term Care, South Carolina Department of Health and Human Services (DHHS). This pre-admission screening also includes services provided in a swing bed hospital and includes sub-acute care provided to ventilator dependent patients when contracted to provide this care (effective 04/01/89).

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Basic services and items furnished in a nursing facility that are inclusive in the per diem rate and must not be charged to the patient include the following:

A. Nursing Services - Includes all nursing services to meet the total needs of the resident, the administration of treatments and medications as ordered by the physician, assistance with mobility (walking or wheelchair), and routine nursing supplies. Nursing supplies include, but are not limited to such items as syringes, air mattress, I.V. supplies, adhesive tape, canes, ice bags, crutches, glycerine, mouth swabs, water pitchers, bed pans, thermometers, and urinals.

B. Special Services - Including assistance by the facility social worker, participation in planned activities, physical therapy, speech therapy, occupational therapy and inhalation therapy.

C. Personal Services - Services for the comfort of the resident which include assistance with eating, dressing, toilet functions, baths, brushing teeth, washing and combing hair, shaving and other services necessary to maintain a clean, well kept personal appearance. Includes assistance in walking and wheelchair use when necessary. Diapers and underpads are provided as needed.

D. Room and Board - Includes a semiprivate or ward accommodations, all meals including special diets and snacks ordered by the physician. Includes feeding residents if unable to feed themselves and tube feeding. Housekeeping services and bed and bath linens are included.

E. Safety and Treatment Equipment - Including, but not limited to the following items: standard wheelchairs, infusing equipment, bedside commode, side rails, restraint chairs (Geri-chairs), suction apparatus, walkers, crutches, canes and other equipment that is generally used by multiple residents and does not become the property of the individual resident.

F. Medications - Over-the counter (OTC) non-legend medications are included (except for insulin)

G. Medical Supplies and Oxygen - The following items are included, however, the included items are not limited to this list: oxygen, supplies used for inhalation therapy, catheters and related supplies, dressings, disposable enema equipment or other irrigation supplies, I.V. solutions, disposable instrument trays, levine tubes, and other supplies ordered by the physician or necessary to meet the needs of the resident because of the resident's medical condition.

4.b EARLY AND PERIODIC SCREENING, DIAGNOSIS AND TREATMENT (EPSDT). The EPSDT program offers special medical services to Medicaid recipients under the age of twenty-one. EPSDT services include dental, vision, hearing services and general health screening. EPSDT services are offered in addition to medically necessary services available to all Medicaid recipients. Additional ambulatory care visits will be made available as necessary.

**4.b EPSDT cont.**

The State assures that this provision of EPSDT will not restrict an individual's free choice of providers in violation of 1902 (a) (23) of the Act.

1. Eligible recipients will have free choice of providers of EPSDT services. They will have the freedom of choice to switch providers if and when they desire.

2. Eligible recipients will have free choice of providers under other medical care under the State Plan. Providers will assure that freedom of choice of physicians and other medical care providers are maintained at all times.

Assurance 1905(a) Services: The state assures that EPSDT eligible clients have access to Section 1905(a) services not specifically listed in the state plan when they are medically necessary. Services provided as described in Section 1905(a) to correct or ameliorate defects and physical and mental illnesses and conditions not specified in the state plan will be provided if determined to be medically necessary by the appropriate agency staff. Any services beyond the limitations noted in the State Plan must be available based on a medical necessity determination.

Referrals for rehabilitative therapy services must be made by physician or other licensed practitioner of the healing arts and all Medicaid and state supervisory requirements must be adhered to. Referral means that the physician or other licensed practitioner of the healing arts has asked another qualified health provider to recommend, evaluate or perform therapies, treatment or other clinical activities to or on behalf of the beneficiary being referred. It includes any necessary supplies or equipment.

"Under the direction of" means that for physical therapy, occupational therapy, and services for individuals with speech, hearing and language disorders under 42 CFR 440.110, the Medicaid qualified therapists providing direction are licensed practitioners of the healing arts qualified under State law to diagnose and treat individuals with the disability or functional limitations at issue, are working within the scope of practice defined in State law and are supervising each individual's care. The qualified therapists must, at a minimum, have face-to-face contact with the beneficiary initially and periodically as needed, be familiar with the treatment plan as recommended by the referring physician or other licensed practitioner of the healing arts practicing under State law, have continued involvement in the care provided, and review the need for continued services throughout treatment. The supervising therapists must also assume professional responsibility for the services provided under their direction and monitor the need for continued services. The supervising therapists must spend as much time as necessary directly supervising services to ensure beneficiaries are receiving services in a safe and efficient manner in accordance with accepted standards of practice. Moreover, the supervising therapists must ensure that individuals working under their direction have contact information to permit them direct contact with the supervising therapists as necessary during the course of treatment. In all cases, documentation must be kept supporting the supervision of services and ongoing involvement in the treatment. Absent appropriate service documentation, Medicaid payment for services may be denied providers.

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**4.b EPSDT cont.**

**PHYSICAL THERAPY, OCCUPATIONAL THERAPY, AND SERVICES FOR INDIVIDUALS WITH SPEECH, HEARING AND LANGUAGE DISORDERS**

**Physical Therapy Services:** In accordance with 42 CFR 440.110(a), physical therapy means services prescribed by a Physician or other Licensed Practitioner of the Healing Arts (LPHA) within the scope of his or her practice under state law and provided to a beneficiary by or under the direction of a qualified Physical Therapist. It includes any necessary supplies and equipment. Physical Therapy Services involve evaluation and treatment to prevent, alleviate, or compensate for movement dysfunction and related functional problems for maximum reduction of physical or mental disability and restoration of a beneficiary to his/her best possible functional level. Specific services rendered: Physical Therapy Evaluation, Individual and Group Therapy (a group may consist of no more than six children).

**Specific services provided include:**

**Physical Therapy Evaluation:** A Physical Therapy Evaluation is a comprehensive evaluation that should be conducted in accordance with the American Physical Therapy Association and South Carolina Board of Physical Therapy Examiners guidelines, the physician or other LPHA, the Physical Therapist's professional judgment, and the specific needs of the child. The evaluation should include a review of available medical history records, an observation of the patient, and an interview, when possible. The evaluation must include diagnostic testing and assessment, and a written report with recommendations.

**Individual and Group Physical Therapy:** Individual or Group Physical Therapy is the implementation of specialized Physical Therapy programs that incorporate the use of appropriate modalities; performance of written and/or oral training of teachers and/or family regarding appropriate Physical Therapy activities/therapeutic positioning in the school or home environment; recommendations on equipment needs; and safety inspections and adjustments of adaptive positional equipment. Physical Therapy performed on behalf of one child should be documented and billed as Individual Physical Therapy. Physical Therapy performed on behalf of two or more children should be documented and billed as Group Physical Therapy. A group may consist of no more than six children.

Providers of Physical Therapy Services include:

- **Physical Therapist (PT).** In accordance with 42 CFR 440.110 (a)(2)(i)(ii), a qualified physical therapist is an individual who is currently licensed by the South Carolina Board of Physical Therapy Examiners. (i) A graduate of a program of physical therapy approved by both the Committee on Allied Health Education and Accreditation of the American Medical Association and the American Physical Therapy Association or its equivalent; and (ii) where applicable, licensed by the State.

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- **Physical Therapist Assistant (PTA)** is an individual who is currently licensed by the South Carolina Board of Physical Therapy Examiners. A physical therapy assistant provides services under the direction of a qualified physical therapist.

**Occupational Therapy Services:** In accordance with 42 CFR 440.110(b)(1), Occupational Therapy means services prescribed by a Physician or other Licensed Practitioner of the Healing Arts within the scope of his or her practice under state law and provided to a beneficiary by or under the direction of a qualified Occupational Therapist. It includes any necessary supplies and equipment. Occupational therapy services are channels to improve or restore functional abilities for maximum reduction of physical or mental disability and restoration of a beneficiary to his/her best possible functional level. Occupational Therapy Services are related to Self-Help Skills, Adaptive Behavior, Fine/Gross Motor, Visual, Sensory Motor, Postural, and Emotional Development that have been limited by a physical injury, illness, or other dysfunctional condition. Occupational Therapy involves the use of purposeful activity interventions and adaptations to enhance functional performance. Specific services rendered: Occupational Therapy Evaluation, Individual and Group Occupational Therapy (a group may consist of no more than six children), Fabrication of Orthotic, Fabrication of Thumb and Finger Splints.

**Specific services provided include:**

**Occupational Therapy Evaluation:** An Occupational Therapy Evaluation is a comprehensive evaluation that should be conducted in accordance with the American Occupational Therapy Association and South Carolina Board of Occupational Therapy guidelines, the physician or other LPHA referral, the Occupational Therapist's professional judgment, and the specific needs of the child. The evaluation should include a review of available medical history records and an observation of the patient and interview, when possible. The evaluation must include diagnostic testing and assessment and a written report with recommendations.

**Individual and Group Occupational Therapy:** Individual or Group Occupational Therapy is the implementation of specialized Occupational Therapy programs that incorporate the use of appropriate interventions, occupational therapy activities in the school or home environment, and recommendations on equipment needs and adaptations of physical environments. Occupational therapy performed directly to or on behalf of one child should be documented and billed as Individual Occupational Therapy. Occupational Therapy performed for two or more individuals should be documented and billed as Group Occupational Therapy. A group may consist of no more than six children.

**Fabrication of Orthotics for upper and lower extremities and Thumb and Finger Splints:** Fabrication of Orthotic is the fabrication of orthotics for lower and upper extremities, and the Fabrication of Thumb Splint and Finger Splint is the fabrication of orthotic for the thumb and likewise, the fabrication of Finger Splint is the fabrication of orthotic for the finger.

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Providers of Occupational Therapy include:

- **Occupational Therapist (OT).** In accordance with 42 CFR 440.110 (b)(2)(i)(ii) A qualified occupational therapist is an individual who is - (i) Certified by the National Board of Certification for Occupational Therapy; or (ii) A graduate of a program in occupational therapy approved by the Committee on Allied Health Education and Accreditation of the American Medical Association and engaged in the supplemental clinical experience required before certification by the National Board of Certification for Occupational Therapy.
- **Occupational Therapy Assistant (OTA)** is an individual who is currently licensed as a Certified Occupational Therapy Assistant (COTA/L or OTA) by the South Carolina Board of Occupational Therapy who works under the direction of a qualified occupational therapist pursuant to 42 CFR 440.110(b)(2)(i) or (ii).

**Speech-Language Pathology Services:** In accordance with 42 CFR 440.110(c) (1), Speech-Language Pathology Services include diagnostic, screening, preventive, or corrective services provided by or under the direction of a Speech-Language Pathologist, for which a patient is referred by a physician or other licensed practitioner of the healing arts within the scope of his or her practice under State law. It includes any necessary supplies and equipment. Speech-Language Pathology Services means evaluative tests and measures utilized in the process of providing Speech-Language Pathology Services and must represent standard practice procedures. Only standard assessments (i.e., Curriculum-Based Assessments, Portfolio Assessments, Criterion Referenced Assessments, Developmental Scales, and Language Sampling Procedures) may be used. Tests or measures described as "teacher-made" or "informal" are not acceptable for purposes of Medicaid reimbursement. Specific services rendered: Speech Evaluation, Individual Speech Therapy, and Group Speech Therapy (a group may consist of no more than six children).

**Specific services provided include:**

**Speech Evaluation:** Upon receipt of the physician or other LPHA referral a Speech Evaluation is conducted. This is a face-to-face interaction between the Speech-Language Pathologist, Speech-Language Pathology, Assistant, Speech-Language Pathology Intern or Speech-Language Pathology Therapist and the child for the purpose of evaluating the child's dysfunction and determining the existence of a speech disorder. Evaluation should include review of available medical history records and must include diagnostic testing and assessment, and a written report with recommendations.

**Speech Re-evaluation** includes a face-to-face interaction between the Speech-Language Pathologist and the child for the purpose of evaluating the child's progress and determining if there is a need to continue therapy. Reevaluation may consist of a review of available medical records and diagnostic testing and/or assessment, but must include a written report with recommendations.

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**Individual Speech Therapy:** Individual Speech Therapy is the delivery of remedial services for identified speech and/or language handicaps to a child whose speech and/or language patterns deviate from standard based on evaluation and testing, including training of teacher or parent. Individual Speech Therapy services may be provided in a regular education classroom.

**Group Speech Therapy:** Group Speech Therapy is the delivery of remedial services for identified speech and/or language handicaps in a group setting to children whose speech and/or language patterns deviate from standard based on evaluation and testing, including training of teacher or parent. A group may consist of no more than six children. Group Speech Therapy services may be provided in a regular education classroom.

Providers of Speech-Language Pathology Services include:

- **Speech-Language Pathologist** in accordance with 42 CFR 440.110 (c)(2)(i)(ii)(iii) is an individual who meets one of the following conditions: (i) Has a Certificate of Clinical Competence from the American Speech and Hearing Association. (ii) Has completed the equivalent educational requirements and work experience necessary for the certificate. (iii) Has completed the academic program and is acquiring supervised work experience to qualify for the certificate.
- **Speech-Language Pathology Assistant** is an individual who is currently licensed by the South Carolina Board of Examiners in Speech-Language Pathology. The Speech-Language Pathology Assistant works under the direction of a qualified Speech-Language Pathologist pursuant to 42 CFR 440.110(c)(2)(i) and (ii).
- **Speech-Language Pathology Intern** is an individual who is currently licensed by the South Carolina Board of Examiners in Speech-Language Pathology and is seeking the academic and work experience requirements established by the American Speech and Hearing Association (ASHA) for the Certification of Clinical Competence in Speech-Language Pathology. The Speech-Language Pathology Intern works under the direction of a qualified Speech-Language Pathologist pursuant to 42 CFR 440.110(c)(2)(i) and (ii).
- **Speech-Language Pathology Therapist** is an individual who does not meet the credentials outlined in the 42 CFR 440.110(c)(2)(i)(ii) and (iii) that must work under the direction of a qualified Speech-Language Pathologist. The qualifications for a Speech-Language Pathology Therapist are (a) Bachelor's Degree in Speech-Language Pathology from a school or program approved by the State Board of Education for the preparation of speech language pathologists (b) Minimum qualifying score(s) on the area examination(s) required by the State Board of Education.

**Audiological Services:** In accordance with 42 CFR 440.110(c)(1), Audiological Services for individuals with hearing disorders means diagnostic, screening, preventive, or corrective services provided by or under the direction of an audiologist, for which a patient is referred by a physician or other licensed practitioner of the healing arts within the scope of his or her practice under state law. A referral occurs when the physician or other LPHA has asked

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a Licensed Audiologist to recommend, evaluate, or perform therapies, treatment, or other clinical activities for the beneficiary. It includes any necessary supplies and equipment. Services involve testing and evaluation of hearing-impaired children less than 21 years of age who may or may not be improved with medication or surgical treatment. This includes services related to hearing aid use.

Specific services rendered: Pure Tone Audiometry, Audiological Evaluation, Audiological Re-Evaluation, Tympanometry (Impedance Testing), Electrocochleography, Auditory Evoked Potentials; Comprehensive, Auditory Evoked Potentials; Comprehensive Re-check, Evoked Otoacoustic Emission; Limited, Evoked Otoacoustic Emissions; Comprehensive or Diagnostic Evaluation, Hearing Aid Examination and Selection, Hearing Aid Check; Hearing Aid Re-Check, Evaluation of Auditory Rehabilitation Status, Fitting/Orientation/Checking of Hearing Aid, Dispensing Fee, Right Ear Impression, Left Ear Impression.

**Specific services provided include:**

**Pure Tone Audiometry:** In pure tone audiometry, earphones are placed and the patient is asked to respond to tones of different pitches (frequencies) and intensities. The threshold is recorded for a number of frequencies in each ear. This service may be performed six times during the course of a 12-month period.

**Audiological Evaluation:** In comprehensive audiometry, earphones are placed and the patient is asked to respond to tones of different pitches (frequencies) and intensities. The threshold is recorded for a number of frequencies on each ear. Bone thresholds are obtained in a similar manner except a bone oscillator is used on the mastoid or forehead to conduct the sounds. The patient is also asked to repeat bisyllabic (spondee) words. The threshold is recorded for each ear. The word discrimination score is the percentage of spondee words that a patient can repeat correctly at a given intensity level above speech reception threshold in each ear. This service may be performed once during the course of a 12-month period.

**Audiological Re-Evaluation:** An audiological re-evaluation is when appropriate components of the initial evaluation are re-evaluated and provided as a separate procedure. The necessity of an audiological re-evaluation must be appropriately documented. This service may be performed six times during the course of a 12-month period.

**Tympanometry (Impedance Testing):** Using an ear probe, the eardrum's resistance to sound transmission is measured in response to pressure changes. This service may be performed six times during the course of a 12-month period.

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**Electrocochleography:** An electrocochleography tests the internal components of the implanted receiver and connected electrode array. This procedure verifies the integrity of the implanted electrode array and is completed immediately after the operation. This procedure is to be completed only by a licensed Audiologist on a cochlear implant team and may be performed once per implantation.

**Auditory Evoked Potentials - Comprehensive:** Electrodes are placed in various locations on the scalp and electrical recordings are made in response to auditory stimulations. There is no frequency limitation on this procedure.

**Auditory Evoked Potentials - Comprehensive Re-Check:** Electrodes are placed in various locations on the scalp and electrical recordings are made in response to auditory stimulations. There is no frequency limitation on this procedure.

**Evoked Otoacoustic Emission - Limited:** A probe tip is placed in the ear canal. The probe tip emits a repeated clicking sound that passes through the tympanic membrane, middle ear space, and then to the outer hair cells of the inner ear. Computerized equipment is then able to record an echo off of the hair cell in the inner ear. There is no frequency limitation on this procedure.

**Evoked Otoacoustic Emissions - Comprehensive or Diagnostic Evaluation:** A probe tip is placed in the ear canal. The probe tip emits a repeated clicking sound that passes through the tympanic membrane, middle ear space, and then to the outer hair cells of the inner ear. Computerized equipment is then able to record an echo off of the hair cell in the inner ear. There is no frequency limitation on this procedure.

**Hearing Aid Examination and Selection:** History of hearing loss and ears are examined, medical or surgical treatment is considered if possible, and the appropriate type of hearing aid is selected to fit the pattern of hearing loss. This service may be performed six times during the course of a 12-month period.

**Hearing Aid Check:** The audiologist inspects the hearing aid and checks the battery. The aid is cleaned and the power and clarity are checked using a special stethoscope, which attaches to the hearing aid. This service may be performed six times during the course of a 12-month period.

**Hearing Aid Re-Check:** The audiologist inspects the hearing aid and checks the battery. The aid is cleaned and the power and clarity are checked using a special stethoscope, which attaches to the hearing aid. This service may be performed six times during the course of a 12-month period.

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**Evaluation of Auditory Rehabilitation Status:** This service involves the measurement of patient responses to electrical stimulation used to program the speech processor and functional gain measurements to assess a patient's responses to his or her cochlear implant. Instructions should be provided to the parent/guardian, teacher, and/or patient on the use of a cochlear implant device to include care, safety, and warranty procedures. This procedure is to be completed only by a licensed Audiologist on a cochlear implant team and may be performed 10 times during the course of a 12-month period.

**Fitting/Orientation/Checking of Hearing Aid:** Includes hearing aid orientation, hearing aid checks, and electroacoustic analysis. The service may be provided six times during the course of a 12-month period.

**Dispensing Fee:** The dispensing fee is time spent handling hearing aid repairs. This service may be performed six times during the course of a 12-month period.

**Right Ear Impressions:** Taking of an ear impression; please specify one or two units for one or two ears. This service may be performed six times during the course of a 12-month period.

**Left Ear Impressions:** Taking of an ear impression; please specify one or two units for one or two ears. This service may be performed six times during the course of a 12-month period.

Providers of Audiology services include:

**Audiologist:** All Medicaid-qualified audiology providers (Licensed Audiologists) operating in the State of South Carolina adhere to the provider qualifications found in 42 CFR 440.110(c)(3)

**Psychological Evaluation and Testing Services:** In accordance with 42 CFR 440.130, Psychological Testing and Evaluation recommended by a physician or other licensed practitioner of the hearing arts, within the scope of his practice under State law, includes evaluation of the intellectual, emotional, and behavioral status and any resulting distress and/or dysfunction. Service components include screening, diagnostic interview, testing and/or assessment.

Providers of Psychological Evaluation and Testing Services include:

**Psychologist** is an individual that holds a doctoral degree in psychology from an accredited college or university, and has a valid and current state license as a Ph.D. or Psy. D. with a specialty in Clinical, Counseling, or School Psychology as approved by the SC State Board of Examiners in Psychology.

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**School Psychologist I-** is an individual that is currently certified by the State Department of Education and holds a master's degree from a regionally or nationally accredited college/university with an advanced program for the preparation of school psychologists and qualifying score on the SC State Board of Education required examination.

**School Psychologist II-** is an individual that is currently certified by the State Department of Education and holds a specialist degree from a regionally or nationally accredited college/university with an advanced program for the preparation of school psychologists, and qualifying score on the SC State Board of Education required examination.

**School Psychologist III-** is an individual that is currently certified by the State Department of Education and holds a doctoral degree from a regionally or nationally accredited college/university with an advanced program for the preparation of school psychologists, qualifying score on the State Board of Education required examination, and completion of an advanced program approved for the training of school psychologists.

**Psycho-educational Specialist** is an individual that holds a (60 hour) master's degree plus 30 hours or a doctoral degree in school psychology from a regionally accredited institution approved by NASP or APA or its equivalent, certification by the South Carolina Department of Education as a school psychologist level II or III, two years experience as a certified school psychologist (at least one year of which is under the supervision of a licensed psycho-education specialist), and satisfactory score on the PRAXIS Series II exam. The SC Board of Examiners licenses this individual.

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**Orientation and Mobility Services:** Are provided to assist individuals who are blind and visually impaired to achieve independent movement within the home, school, and community settings. O&M Services utilize concepts, skills, and techniques necessary for a person with visual impairment to travel safely, efficiently, and independently through any environment and under all conditions and situations. The goal of these services is to allow the individual to enhance existing skills and develop new skills necessary to restore, maximize, and maintain physiological independence.

**Orientation and Mobility (O&M) Service Qualifications:**

- The service must be recommended by a physician or other licensed practitioner of the healing arts within the scope of his or her practice under state law.
- The service must be provided for a defined period of time, for the maximum reduction of physical or mental disability and restoration of the individual to his or her best possible functional level.
- The service must be furnished by individuals working under a recognized scope of practice established by the state or profession.

**Specific services provided include:**

**Assessment:** An Orientation & Mobility Assessment is a comprehensive evaluation of the child's level of adjustment to visual impairment and current degree of independence with or without assistive/adaptive devices, including functional use of senses, use of remaining vision, tactile/Braille skills, and ability to move safely, purposefully, and efficiently through familiar and unfamiliar environments. Assessment must include a review of available medical history records, diagnostic testing and assessment, and written report with recommendations.

**Reassessment:** An Orientation & Mobility Reassessment is an evaluation of the child's progress toward treatment goals and determination of the need for continued services. Reassessment may consist of a review of available medical history records and diagnostic testing and assessment, but must include a written report with recommendations. Reassessment must be completed at least annually but more often when appropriate.

**Services:** Orientation & Mobility Services is the use of systematic techniques designed to maximize development of a visually impaired child's remaining sensory systems to enhance the child's ability to function safely, efficiently, and purposefully in a variety of environments. O&M Services enable the child to improve the use of technology designed to enhance personal communication and functional skills such as the long cane, pre-mobility and adapted mobility devices, and low vision and electronic travel aids. O&M Services may include training in environmental awareness, sensory awareness, information processing, organization, route planning and reversals, and

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training in balance, posture, gait, and efficiency of movement. O&M Services may also involve the child in group-settings to increase their capacity for social participation, or provide adaptive techniques and materials to improve functional activities such as eating, food preparation, grooming, dressing, and other living skills.

**Providers of Orientation and Mobility services include:**

- **Orientation and Mobility (O&M) Specialist** is an individual who holds a current and valid certification in Orientation and Mobility from the Academy for Certification of Vision Rehabilitation and Education Professionals (ACVREP) or an individual who holds a current and valid certification in Orientation and Mobility from the National Blindness Professional Certification Board (NBPCB).

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RO APPROVAL: 07/07/06  
SUPERSEDES: New Page

**4.b    EPSDT continued:**

Home Based Private duty nursing services are available in the home to all recipients under age 21 who are found to be in need of such services on the basis of State established medical necessity criteria. The services must be ordered by the attending physician and must be provided by a Licensed Practical Nurse (LPN) or a Registered Nurse (RN), licensed by the State Board of Nursing for South Carolina. Immediate family members cannot be reimbursed for providing these services. Home Based Private duty nursing services meet the requirements at 42 CFR 440.80.

The State will not preclude the provision of private duty nursing services during those hours of the day that the beneficiary's normal life activities take her outside of her home to attend school. Private duty nursing services rendered during those hours when the beneficiary's normal life activities take him or her outside of the home are coverable.

Personal Care services are available to all recipients under age 21 who live at home and who are found to be in need of such services on the basis of state established medical necessity criteria. Personal Care Services are designed to enable participants to accomplish tasks that they would normally do for themselves if they did not have a disability. This assistance may take the form of hands-on assistance (performing a task for the person) or cuing to prompt the participant to perform a task. Such assistance may include assistance in activities of daily living (bathing, dressing, toileting, transferring, maintaining continence, etc.). Instrumental Activities of Daily Living (IADL's) including home support (cleaning, laundry, shopping, home safety and errands) may be done as a part of the assistance given in the provision of activities of daily living. Personal care services may be provided on an episodic or on a continuing basis and are preformed by personal care agencies. Personal care services are furnished in the participant's home. Any services authorized outside a home setting must be prior approved by the State. Personal care agencies must meet SCDHHS scope of service requirements. A licensed nurse must oversee all direct care staff of a personal care agency. Personal Care Aides must be able to communicate effectively with both participants and supervisors, be fully ambulatory, capable of aiding with recipient's activities of daily living, capable of following a care plan, criminal background checks must verify that the participant has never been involved in substantiated abuse or neglect, be at least 18 years of age, pass a competency test and complete yearly training. The amount and duration of services must be prior authorized and re-authorized based on the recipient/s medical needs at regular intervals by the DHHS. Immediate family members cannot be reimbursed for providing these services.

The following policy applies to both home based private duty nursing and personal care services. Reimbursement for personal care and home based private duty nursing services, may be made to certain family members who meet South Carolina Medicaid provider qualifications. The following family members cannot be reimbursed: The spouse of a Medicaid consumer; A parent of a minor Medicaid consumer; A step parent of a minor Medicaid consumer; A foster parent of a minor Medicaid consumer; Any other legally responsible guardian of a Medicaid consumer. All other qualified family members can be reimbursed for their provision of the services listed above. Should there be any question as to whether a paid caregiver falls in any of the categories listed above, SCDHHS legal counsel will make a determination.

Physical and occupational therapy services as prescribed by a licensed physician, identified as a needed service through an EPSDT exam or evaluation and identified on a prior authorized treatment plan.

**SC 11-011**  
**EFFECTIVE DATE: 07/11/11**  
**RO APPROVAL: 02/10/12**  
**SUPERSEDES: SC 08-030**

Services may be rendered by physicians and licensed physical and occupational therapists either employed by an approved provider or certified as an independent or group practitioner. Physical and occupational therapy are provided by or under the direction of qualified therapists and physical therapy and occupational therapy services meet the requirements of 42 CFR 440.110.

Psychological testing, evaluation and therapy are covered when prescribed through an EPSDT screen or exam and a prior authorization process. Services may be rendered by a licensed doctoral level psychologist in private practice or employed by an approved and enrolled provider.

Nursing Services for Children Under 21: Skilled intermittent nursing care provided by nurses licensed and regulated by the state to administer medications or treatments to children under 21 in a school based or public medical clinic setting. The nursing care provided is necessary for the maximum reduction of the beneficiaries' physical and/or mental disability and restoration to the best possible functional level.

4.c Effective April 1, 1990, the Omnibus Budget Reconciliation Act, Section 6403 requires that any diagnostic service or treatment determined to be medically necessary as a result of a screening service which is allowed to be covered with Federal matching funds under Medicaid must be provided whether or not such service is covered under this State Plan.

SC 08-030  
EFFECTIVE DATE: 05/01/09  
RO APPROVAL: 10/20/09  
SUPERSEDES: New Page



## Autism Spectrum Disorder (ASD) Treatment Services

### General Description

Services to treat autism spectrum disorders (ASD), as defined in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders, are provided to Medicaid beneficiaries under age twenty-one pursuant to the EPSDT benefit. Pursuant to Social Security Act Section 1905(a)(13) and 42 C.F.R. § 440.130(c), these services are provided as preventive services and must be recommended by a physician or other licensed practitioner of the healing arts within his or her scope of practice under state law to prevent the progression of ASD, prolong life, and promote the physical and mental health and efficiency of the individual. These services may be provided in the beneficiary's home, in a clinic setting, or other settings as authorized in the applicable section of the SCDHHS provider manual.

Autism Spectrum Disorder (ASD) Treatment Services include a variety of behavioral interventions which have been identified as evidence-based by nationally recognized research reviews, identified as evidence-based by other nationally recognized substantial scientific and clinical evidence, and/or any other intervention supported by credible scientific or clinical evidence, as appropriate to each individual.

Autism Spectrum Disorder (ASD) Assessment and Treatment Services must be prior authorized.

### Individuals Providing Services

ASD services shall be rendered by qualified individuals as follows:

Qualified individuals must be enrolled with SCDHHS as an ASD provider and must possess either a license to practice at the independent level from the state in which the individual renders services, or a national certification appropriate to the services they provide. Additional information regarding professional licenses, certifications, and the services that may be rendered by qualified individuals can be found in the ASD Services and Qualified Individuals Chart in the applicable section of the provider manual.

Licensed providers are:

- Licensed Psychologists;
- Licensed Independent Social Workers-Clinical Practice;
- Licensed Marriage and Family Therapist;
- Licensed Psycho-Educational Specialist;
- Licensed Professional Counselor

SC: 17-0005  
EFFECTIVE DATE: 07/01/17  
RO APPROVAL: 09/07/17  
SUPERSEDES: New Page

Allowable ASD services for licensed professionals:

- Treatment services - Direct beneficiary contact (and collaterals as clinically indicated) to render Evidence-Based Practice (EBP) services as listed in the provider manual to manage and ameliorate clinically significant symptoms and their day-to-day manifestations, as per the beneficiary's Individualized Plan of Care (IPOC). For further information on EBPs please refer to the ASD Services Provider Manual.

Certified and credentialed providers include:

- Board Certified Behavior Analysts - Doctoral (BCBA-D) as defined by the Behavior Analyst Certification Board (BACB);
- Board Certified Behavior Analyst (BCBA) as defined by the BACB;
- Board Certified Assistant Behavior Analyst (BCaBA) under supervision as defined by the BACB;
- Registered Behavior Technician (RBT) under supervision as defined by the BACB

Allowable Autism Spectrum Disorder (ASD) Treatment Services for certified providers, as per competency level, include:

- Behavior identification assessment - Direct beneficiary contact (and collaterals as clinically indicated) in order to identify maladaptive behaviors, completing a mental health evaluation to establish treatment needs and a treatment plan. This service may include psychological testing, as clinically indicated.
- Observational behavioral follow-up assessment - Direct beneficiary contact (and collaterals as clinically indicated) to identify and evaluate factors that may impede adaptive behavior. This assessment includes structured observation and/or standardized tests to determine adaptive behavior. This service may include psychological testing, as clinically indicated.
- Exposure behavior follow-up assessment: Direct beneficiary contact to examine triggers, events, cues, responses, and consequences associated with maladaptive behavior.
- Adaptive behavior treatment - Direct beneficiary contact (and collaterals as clinically indicated) to address the beneficiary's treatment goals as defined by the assessments and Individualized Plan of Care (IPOC). Adaptive behavior treatment includes analysis and alteration of motivating factors and contextual events, stimulus-consequence strategies and replacement behavior, as well as the monitoring of outcome variables.
- Family adaptive behavior treatment guidance - Direct contact with the family/caregiver for specialized training and education to assist with the beneficiary's treatment goals and development. The provider observes and trains the family/caregivers on the beneficiary's status, as well as instructs family/caregivers on techniques to promote the child's development.

SC: 17-0005  
EFFECTIVE DATE: 07/01/17  
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**4.b EPSDT Continued:**

**EPSDT Periodic Screening Services:**

EPSDT Periodic Screening services include medical, mental health, vision, hearing and oral screenings that are regularly scheduled examinations and evaluations of the general physical, dental and mental health, growth, development, immunization and nutritional status as well as an appropriate health education component for infants, children, and adolescents.

*Medical Periodicity Schedule:*

The SCDHHS adopted the Bright Futures/ American Academy of Pediatrics (AAP) Medical Periodicity Schedule, where medical, vision and hearing screenings as well as age appropriate assessments, procedures and immunizations are provided to beneficiaries from birth through the last day of the month of their twenty first (21) birthday.

The SCDHHS developed an Oral Health Section of the Medical Periodicity Schedule, where oral screenings performed in medical settings are provided at each EPSDT visit from birth through the last day of the month of their twenty first (21) birthday. Proper referral for treatment and follow up occurs for all children as early as needed. All children are referred for routine dental care, preventive dental services and dental examination starting at the eruption of first tooth and no later than 12 months of age.

*Dental Periodicity Schedule:*

The SCDHHS developed the Dental Periodicity Schedule, where routine dental examinations are provided every 6 months from the eruption of the first tooth through the last day of the month of the beneficiary's 21<sup>st</sup> birthday.

*Additional Services:*

Additional Services that are deemed medically necessary by the provider, include: Lead Screening, Tuberculin Skin Test, urinalysis, Sickie Cell Test, Parasite Test and Fluoride varnish.

**EPSDT Interperiodic screening Services:**

Interperiodic medical or dental screenings outside of the SCDHHS's Periodicity Schedules are provided to beneficiaries from birth through the last day of the month of their twenty first (21) birthday, when medically necessary to identify and treat a suspected illness or condition that was not present at the regularly scheduled screening or to determine if there has been a change in a previously diagnosed illness or condition that requires additional services.

SC: 18-0004  
EFFECTIVE DATE: 04/01/18  
RO APPROVAL: 09/12/18  
SUPERSEDES: SC 12-012

Dental

Dental Services for recipients under the age of 21 include any medically necessary services are covered.

Vision

Tinted lenses are not a covered service  
Lens covered as a separate service (except replacement)  
Training lenses  
Protective lenses  
Oversized lenses are not covered  
Lenses for unaided VA less than 20/30 + -.50 sphere  
Plastic lenses for prescription less than + or -4 diopters  
Visual therapy or training is not covered  
There are no allowable benefits for optometric hypnosis, broken appointments, or charges for special reports.

SC 18-0004  
EFFECTIVE DATE: 04/01/18  
RO APPROVAL: 09/12/18  
SUPERSEDES: New Page

Hearing

Limited to the provision of hearing aids including batteries, accessories and repairs, and hearing tests for diagnosis and referral.

Prior authorization by consultants is required for specific dental, vision and durable medical equipment, prosthetic and orthotic appliance services, private duty nursing services and personal care aide services. The codes representing covered services are listed in the state agency manuals for Dentistry, Vision Care, Durable Medical Equipment, CLTC Services Provider Manual.

Services not listed as covered services in the state agency manuals/state plan will be provided if determined to be medically necessary by the appropriate agency staff or consultants. The reimbursement rate for these services will be 80% of statewide usual and customary fees. If the provider is a government agency and/or a non-profit organization, the reimbursement will be no greater than actual cost. This is in compliance with 45 CFR Subpart Q.

4.c Family Planning Services

Family Planning services are available to all Medicaid recipients and include all medical and counseling services related to alternatives of birth control and pregnancy prevention services prescribed and rendered by physicians, hospitals, clinics, pharmacies and other practitioners and other Medicaid providers recognized by state and federal laws and enrolled as Medicaid Providers.

Coverage for Adolescent Pregnancy Prevention Services is allowed as described for EPSDT eligible recipients and rendered by approved Medicaid providers.

(Effective 11-1-90)

Adolescent Pregnancy Prevention Services are services available to improve access to quality family planning services for a group at high risk for unintended pregnancy. Adolescent Pregnancy Prevention Services enhance the ability of all adolescents to make responsible decisions about sexual activity, including postponement of sexual activity or use of effective contraception. The result is a lowered incidence of pregnancy and sexually transmitted diseases and improved overall physical and mental health.

Adolescent pregnancy prevention services are defined as follows:

1. Individual counseling is a medical service using a systematic approach that is goal oriented with the purpose of developing a reasoned and responsible approach to family planning, including as appropriate, contraception or delay of sexual activity. Recipients will be informed of how to locate and use resources such as the health department, clinics or other family planning providers.
2. Group counseling is a medical service using group interaction for the same purposes and goals as individual counseling.

SC: MA 90-37  
EFFECTIVE DATE: 11/01/90  
RO APPROVAL: 6/06/91  
SUPERSEDES: MA 90-12

3. Family counseling is a medical service that focuses on how the family can help the individual make responsible decisions in sexual risk reduction, particularly pregnancy prevention and disease prevention. Family Counseling is provided for the purpose of helping the eligible recipient in terms of family planning. It is not intended to provide primary benefit to the family system, some members of which may be ineligible for Medicaid services.
4. Home visits is a medical service used to assess the recipient's level of functioning and his/her needs for family planning services, including identifying obstacles to utilization of family planning services.
5. Group health education is a medical service that focuses on family value systems and their impact on pregnancy prevention; human sexuality; physical development; postponement of sexual activity as a responsible decision; contraception; and decision making skills related to family planning.
6. Referral services will be used to link recipients to family planning providers and other medical providers whose services will help improve the overall functioning of the individual and therefore his ability to exercise good judgment in family planning.
7. Assessment is a medical service used to evaluate the overall family planning needs of the recipient, including counseling services, birth control and other services above.

Eligible providers of Adolescent Pregnancy Prevention Services must meet the standards established by the State Health and Human Services Finance Commission and be approved as providers of this service. Providers may qualify for enrollment upon demonstration of the ability to provide the specified services in accordance with the requirement set forth by Medicaid, and sign an agreement with the State Health and Human Services Finance Commission. Providers may be any qualified individual or organization including but not restricted to state and local health care agencies or clinics regardless of whether they provide other Medicaid services. Individuals providing adolescent pregnancy prevention services must, at a minimum, be licensed or certified by appropriate state authorities as a health care professional, or be directly supervised by a licensed or certified health care professional.

Adolescent pregnancy prevention services include assessment; individual, group and family counseling; and health education related to sexuality, reproduction and family planning. Payment for adolescent pregnancy prevention services under the plan does not duplicate payments made to public or private entities under other program authorities for the same purpose.

These services are limited to EPSDT eligible children only. Family planning services are available to all Medicaid recipients under the State Plan. The purpose of this amendment is to ensure that appropriate family planning services are available to adolescents whose needs may be different. All adolescent pregnancy prevention services are comparable

**SC: MA 90-37**  
**EFFECTIVE DATE: 11/01/90**  
**RO APPROVAL: 6/06/91**  
**SUPERSEDES: N/A**

in amount, duration and scope. Adolescent pregnancy prevention services are not restricted geographically, and are provided on a statewide basis in accordance with section 1902(a)(10)(B). Recipients retain freedom of choice of family planning providers for all family planning services, including adolescent pregnancy prevention. Refusal to accept adolescent pregnancy prevention services does not in any way limit the recipient's right to utilize any family planning services under the State Plan. The state assures that the provision of adolescent pregnancy prevention services does not restrict an individual's free choice of providers in violation of Section 1902(a)(23) of the Act.

## 5. Physician Services

Physician Services are limited to procedures performed, or directly supervised by a practitioner licensed by the appropriate State Board of Medical Examiners as a doctor of medicine or osteopathy. Services are further limited to those rendered by an enrolled physician provider on behalf of an eligible recipient within the designated South Carolina Service Area. All services must be medically necessary and appropriate for the diagnosis and treatment of a specified condition. Physician Services may be rendered in a physician's office, clinic, hospital, nursing home, patient's home or elsewhere.

Technical Services, including materials that are supplied by a physician in an ambulatory setting are considered part of the physician's professional service unless specifically designated as a separate service in the South Carolina Medicaid Physician, Clinical and Ancillary Services Manual.

Physician supervision is restricted to services provided under the direct supervision of a physician directing a paramedical professional or other licensed individual. The physician must be responsible for all services rendered and be accessible at all times during the diagnosis and treatment of the patient.

### Primary Care Providers:

Primary Care Providers are defined as those medical personnel that provide routine or preventive care. Primary care providers include, but are not limited to, Family Practitioners, General Practitioners, Internists, Nurse Practitioners, Osteopaths, OB/GYN, and Pediatricians.

### Pediatric Sub-specialist Providers:

Pediatric sub-specialists are defined as those physicians who a) in his/her practice have at least 85% of their patients who are children 18 years or younger; b) practice in the field of Adolescent Medicine, Cardiology, Cardiothoracic Surgery, Child Abuse Pediatrics, Critical Care, Emergency Medicine, Endocrinology, Gastroenterology/Nutrition, Genetics, Hematology/Oncology, Infectious Disease, Nephrology, Neurology, Neurological Surgery, Ophthalmology, Orthopedic Surgery, Otolaryngology, Psychiatry, Pulmonology, Rheumatology, Surgery, Urology and such other pediatric sub-specialty areas as may be determined by the Department of Health and Human Services.

### Ambulatory Care Examinations:

Effective October 1, 1991, Ambulatory Care Examinations are limited to twelve (12) visits per State fiscal year (July - June) per recipient. All ambulatory care examinations prior to October 1, 1991, will not count toward the twelve (12) visit limitation. Recipients under the age of 21 years are

SC: MA 15-001  
EFFECTIVE DATE: 01/01/15  
RO APPROVAL: 06/15/15  
SUPERSEDES: MA 05-004



exempt from the twelve (12) visit limitation. Ambulatory care exams include all physician office examinations for general medical diagnoses and specialty care. Included in the ambulatory care restrictions are rural health clinic encounters and initial psychiatric visits. Surgery, therapy, family planning, diagnostic tests, monitoring, and maintenance management are not included in the twelve (12) visits limitation. The South Carolina Department of Health and Human Services may approve additional ambulatory care visits when medically necessary. Limitation will be based on medical necessity. To receive coverage over the 12-visit limit, providers must submit a letter directly to SCDHHS requesting additional visits. The letter must be on office letterhead and include the provider's National Provider Identifier (NPI) number, the patient's name and Medicaid ID number, the medical reason for the request and the physician's signature.

Hospital Services rendered by a physician are not restricted but are subject to the pre-admission review process, medical necessity criteria and the limitations included in the hospital section of the plan.

All services listed in the Current Procedural Terminology Text (CPT), and the HCPCS Supplemental Coding Manual are allowed services unless restricted in the Medicaid Physician, Clinical and Ancillary Services Manual. These services include, but are not limited to, general medical care, diagnostic services, therapeutic services, reconstructive and medically necessary surgeries, maternal care, family planning, rehabilitative and palliative services, lab, x-ray, injectable drugs, and dispensable and supplies not restricted in other areas of the plan or the Medicaid provider manuals.

Speech, physical, and occupational therapy coverage for beneficiaries over the age of 21 is limited to the provision of services when one of the following requirements are met: (1) the attending physician prescribes therapy in the plan of treatment during an inpatient hospital stay and therapy continues on an outpatient basis until that plan of treatment is concluded; (2) the attending physician prescribes therapy as a direct result of outpatient surgery; or (3) the attending physician prescribes therapy to avoid an inpatient hospital admission.

For EPSDT eligible beneficiaries under the age of 21 speech and hearing services are covered based on medical necessity and must be prior authorized by South Carolina Department of Health and Environmental Control (SCDHEC), The Department of Disabilities and Special Needs or a school district. For physical, and occupational therapy, services are available through rehabilitation centers certified by SCDHEC, and through individual practitioners who are licensed by either the South Carolina Board of Physical Therapy Examiners or the South Carolina Board of Occupational Therapy and enrolled in the South Carolina Medicaid program. All Physician services that an optometrist is legally authorized to perform are included in physicians' services under this plan and are reimbursed whether furnished by a physician or an optometrist.

Vision care services are defined as those that are medically necessary for the diagnosis and treatment of conditions of the visual system and the provision of lenses and/or frames as applicable. Routine eye examination with refraction is covered for EPSDT eligible children under the age of 21. This benefit is limited to one every 365 days, if medically necessary. Any other medically necessary vision care services are covered during the 365 day period for adults and EPSDT eligible beneficiaries under the age of 21. One pair of eyeglasses is available during a 365 day period to beneficiaries eligible under the EPSDT program. Additional lenses can be approved if the prescription changes at least one-half diopter (0.50) during the 365-day period.

SC 15-001  
EFFECTIVE DATE: 01/01/15  
RO APPROVAL: 06/15/15  
SUPERSEDES: SC 12-019

The following services are excluded from coverage:

- Optometric hypnosis
- Broken appointments
- Special reports
- Progressive and transitional lenses
- Lenses and/or frames that are not included in the Medicaid sample kit
- Extended wear contact lenses
- Oversized lenses or frames, unless medically justified
- Tinted lenses and coatings, unless medically justified, as in the case of albinism or post-cataract patients
- Trifocals
- Executive bifocals, unless medically justified
- Bifocal segment widths in excess of 25 mm unless medically justified

Detail clinical policy is published in the Physician, Laboratories, and Other Medical Professional manual on the South Carolina Department of Health and Human Services website at [www.scdhhs.gov](http://www.scdhhs.gov).

The South Carolina Department of Health and Human Services may approve additional ambulatory care visits when medically necessary. Limitations will be based on medical necessity.

Preventive Care:

Newborn Care is limited to routine newborn care and follow-up in the hospital. All other well baby services are limited to the provisions defined in the EPSDT section of the plan.

Immunizations for beneficiaries who do not qualify for the Vaccines for Children (VFC) program based on age are limited to those recommended by the Center for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP) that are listed as covered services in the Physicians, Laboratories, and Other Medical Professionals Provider Manual. Additional immunization benefits may be available to individuals under the age of 21 through the EPSDT benefit.

SC 17-0019  
EFFECTIVE DATE: 07/01/17  
RO APPROVAL: 10/30/17  
SUPERSEDES: SC 11-020

- 6a. PODIATRIST. Podiatry services must be medically necessary and conform to the guidelines and limitations as specified under Musculoskeletal System/Podiatry Services Section of the Professional Services Manual. The state assures that EPSDT eligible clients have access to Section 1905(a) services not specifically listed in the state plan when they are medically necessary. Services provided as described in Section 1905(a) to correct or ameliorate defects and physical and mental illnesses and conditions not specified in the state plan will be provided if determined to be medically necessary by the appropriate agency staff. Any services beyond the limitations noted in the State Plan must be available based on a medical necessity determination. Podiatry providers are licensed practitioners and provide services within the scope of practice as defined under State law and in accordance with the requirements of CFR 440.60(a)
- 6b. OPTOMETRIST. Vision Care services are those which are reasonable and necessary for the diagnosis and treatment of conditions of the visual system and the provision of lenses and/or frames as applicable. Optometry providers are licensed practitioners and provide services within the scope of practice as defined under State law and in accordance with the requirements of CFR 440.60(a)

Covered Services:

B. Services for EPSDT recipients are as follows:

1. Routine eye examinations with refraction is limited to one every 365 days, when medically necessary.
2. Glasses, if prior approved by the State Health and Human Services Finance Commission.
3. One original and one replacement or repair of the original pair of glasses per fiscal year, if prior approved by the South Carolina State Department of Health and Human Services.
4. The state assures that EPSDT eligible clients have access to Section 1905(a) services not specifically listed in the state plan when they are medically necessary. Services provided as described in Section 1905(a) to correct or ameliorate defects and physical and mental illnesses and conditions not specified in the state plan will be provided if determined to be medically necessary by the appropriate agency staff. Any services beyond the limitations noted in the State Plan must be available based on a medical necessity determination.

Non-Covered Services:

1. Visual Therapy or training.
  3. Tinted lenses.
  3. Training lenses.
  4. Lenses covered as a separate service (except replacements).
  5. Protective lenses.
  6. Oversize lenses.
  7. Lenses for unaided VA less than 20/30 + or -.50 sphere.
  8. Plastic lenses for prescription less than + or -4 diopters.
  9. No allowable benefits for optometric hypnosis, broken appointments, or charges for special reports.
- 6c. CHIROPRACTORS: Chiropractic services are those which are limited to manual manipulation of the spine for the purpose of correcting subluxation demonstrated on x-ray. For the purpose of this program, subluxation means an incomplete dislocation, off-centering, misalignment, fixation or abnormal spacing of the vertebrae anatomically that is demonstrable on a radiographic film (x-ray).

SC 19-0012  
EFFECTIVE DATE: 01/01/20  
RO APPROVAL: 01/31/20  
SUPERSEDES: SC 10-015

Chiropractic services must conform to policies, guidelines and limitations as specified in the Chiropractic Services Manual. Chiropractic providers are licensed practitioners and provide services within the scope of practice as defined under State law and in accordance with the requirements of CFR 440.60(a)

**6.d Other Medical Care or Remedial Care Provided by Other Practitioners**

Certified Registered Nurse Anesthetist/AA - Certified Registered Nurse Anesthetist/AA are authorized to perform anesthesia services only. The scope of their practice is limited to that which is allowed under State Law. A copy of their certification must be on file at the practice site.

Nurse Practitioner - Nurse Practitioners are authorized to perform certain services pertaining to their specific approved written protocols. The scope of their practice is limited to that which is allowed under State Law and as documented in written protocol between the nurse practitioners and their physician preceptors. The written protocol must be submitted to SHHSFC prior to enrollment.

Physician Assistant - Physician Assistants are authorized to perform certain services pertaining to their specific approved written protocols. The scope of their practice is limited to that which is allowed under State Law and as documented in written protocol between the Physician Assistants and their physician preceptors. The written protocol must be submitted to SCDHHS prior to enrollment.

Psychologists - Psychological services are covered when prescribed by an EPSDT screen and prior authorization process. Services covered include psychological testing, evaluation and therapy. Reimbursements to practitioners are restricted to psychologists that hold doctoral level diploma, and have a valid state license as a Clinical, psychologist approved by the State Board of Examiners in Psychology.

Licensed Midwife - Medicaid coverage includes all obstetrical services, newborn care and medical services that are published in the South Carolina Medicaid Physician and Clinical Services Manual, with appropriate revisions and updates. All services must be medically justified and rendered in accordance with the standards of care and services prescribed by the appropriate licensing and regulation agency(ies) under the laws of the State of South Carolina.

SC 15-006  
EFFECTIVE DATE: 10/01/15  
RO APPROVAL: 02/02/16  
SUPERSEDES: SC 11-020

Registered Dietitian - Registered dietitians are authorized to provide medical nutrition therapy services. The duties and responsibilities include nutritional diagnostic, therapy, and counseling services provided for the purpose of managing obesity and other diseases. Covered services will consist of nutrition assessment, interventions, reassessment, and follow-up interventions when it is prescribed/referred by a physician. The scope of practice is limited to that which is allowed under State Law.

7. HOME HEALTH CARE SERVICES - Home health services are provided by a licensed and certified home health agency to eligible beneficiaries who are affected by illness or disability.

SC 13-008  
EFFECTIVE DATE: 04/01/13  
RO APPROVAL: 10/16/14  
SUPERSEDES: SC 11-011

The services are based on physician orders that are reviewed every sixty (60) days. The home health agency must be certified to participate under Title XVIII (Medicare), meet the conditions governing participation as certified by the South Carolina Department of Health and Environmental Control, and have an approved Certificate of Need (CON). The home health agency must also be in compliance with all federal, state, and local laws.

Home health services provided are consistent with 42 CFR 440.70 and include the following mandatory services: skilled nursing services on an intermittent basis, home health aide services and medical supplies, equipment and appliances suitable for use in the home. Optional home health services that may be provided include: physical therapy, speech therapy and occupational therapy.

Covered services must be ordered by the beneficiary's physician as part of a written plan of care consistent with the functions the practitioner is legally authorized to perform. The practitioner must review and sign this plan of care at least every sixty (60) days as stated in 42 CFR 440.70 (a)(2). The practitioner ordering home health services or reviewing the plan of care may not have a significant ownership interest in or a significant financial or contractual relationship with the home health agency.

COVERED SERVICES INCLUDE:

- **NURSING SERVICES:** Nursing services provide direct patient care including, but not limited to, assessment, teaching, injections, changing dressings, catheter care, and skilled monitoring of symptoms. As stated in 42 CFR 440.70, nursing services must be provided on a part-time or intermittent basis by a registered nurse. The nurse must be currently licensed by South Carolina and trained in administrative and clinical record keeping.
- **HOME HEALTH AIDE SERVICES:** Home health aide services are of a personal care nature, are medically oriented, are provided in the home, and include assistance in activities of daily living and retaining self-help skills. These services must be prescribed by a physician in accordance with a plan of care and supervised by a registered nurse. As stated in 42 CFR 484.4, all home health aides must have completed a training and competency evaluation program.
- **MEDICAL SUPPLIES, EQUIPMENT AND APPLIANCES:** As stated in 42 CFR 440.70 (b)(3), medical supplies, equipment, and appliances must be suitable for use in the home. A recipient's need for medical supplies, equipment, and appliances must be reviewed by a physician annually. The frequency of further physician review of a recipient's continuing need for the items is determined on case-by-case basis, based on the nature of the item prescribed.
- **PHYSICAL THERAPY, OCCUPATIONAL THERAPY, and SPEECH THERAPY:** Physical therapy, occupational therapy, or speech pathology services are provided by a home health agency or by a facility licensed by the State of South Carolina to provide medical rehabilitation services. Therapists providing these services meet the provider qualifications at 42 CFR 440.110.

**SC 10-015**  
**EFFECTIVE DATE: 02/01/11**  
**RO APPROVAL: 05/25/11**  
**SUPERSEDES: New page**

When home health services are provided, the service a patient receives is counted in visits. A visit is a face-to-face encounter between a patient and any qualified home health professional whose services are reimbursed under the Medicaid program and ordered by a physician as part of a written plan of care every sixty (60) days.

Home health agency visits are limited to a total of fifty (50) per recipient per state fiscal year for all mandatory and optional home health services for beneficiaries over the age of 21 and does not apply to children. For situations where it is medically necessary for a beneficiary to exceed the fifty (50) visit limitation, a request for additional visits accompanied by supporting medical documentation which would document the necessity for the additional home health visits will be reviewed by the South Carolina Department of Health and Human Services medical reviewer for approval. In accordance with EPSDT requirements any therapy service that is provided beyond the limits would require prior approval if determined medically necessary.

9. CLINIC SERVICES:

Clinic services are limited to outpatient ambulatory centers that provide medical services which include all primary, preventive, therapeutic, palliative items, and rehabilitative services. All services must be provided by a facility that is not part of a hospital, but is organized and operated to provide medical care to outpatients. All services must be furnished by or under the direction of a physician. Covered Clinic services include:

- a. AMBULATORY SURGICAL CENTERS: Medical coverage is limited to medically necessary services provided by certified and licensed ambulatory surgical centers that meet the conditions for Medicare coverage as established in 42 CFR, Part 416, Subpart B, (Conditions for coverage), and as evidenced by an agreement with HCFA.

The surgical procedures covered are limited to those described under 42 CFR Part 416, Subpart B, (Scope of Benefits), and those procedures published in the South Carolina Medicaid Physician and Clinical Services Manual, with appropriate revisions and updates.

- b. END STAGE RENAL DISEASE CLINICS: Medicaid coverage includes all medically necessary treatments and services for in-center or home dialysis as described in the South Carolina Medicaid Physician and Clinical Services Manual.

**SC 11-018**  
**EFFECTIVE DATE: 10/01/11**  
**RO APPROVAL: 05/23/14**  
**SUPERSEDES: SC 10-015**

Medicaid coverage is limited to services provided by licensed ESRD clinics meeting the Medicare requirements outlined in 42 CFR Part 250 and participating in Medicare as evidenced by a Medicare agreement.

- c. MENTAL HEALTH CLINICS: Community mental health providers provide clinic services as defined in federal regulations 42 CFR 440.90. Community mental health services are provided to adults and children diagnosed with a mental illness and defined in the current addition of the Diagnostic Statistical Manual (DSM).
- d. Outpatient Pediatric Aids Clinics: Outpatient Pediatric Aids Clinics (OPACS) provide specialty care, consultation and counseling services for HIV-infected and exposed Medicaid children and their families. OPACs provide services that are medical, behavioral, psychological and psychosocial in nature.

#### 10. DENTAL SERVICES

Dental services for recipients under 21 include any medically necessary dental services.

Dental services for recipients age 21 and over are limited to the following medically necessary services:

- Extractions and necessary treatment for repair of traumatic injury;
- Dental services delivered in preparation for, or during the course of treatment for organ transplants, radiation of the head or neck for cancer treatment, chemotherapy for cancer treatment, total joint replacement or heart valve replacement.
- Diagnostic services, extractions, fillings and annual cleanings, up to a maximum benefit of \$750 per State fiscal year (July through June).
- Sedation services are available to the following groups of recipients and are excluded from the maximum annual benefit limitation.
  - o Sedation services for oral surgery are available to all adults when determined by the oral surgeon to be medically necessary.
  - o Sedation services for recipients with special needs diagnoses are available when medically necessary.

#### 11.a PHYSICAL THERAPY

##### Physical Therapy Services:

Other physical therapy services not related to EPSDT must be provided in accordance with SCDHHS hospital, physician, and home health manuals.



**11.a PHYSICAL THERAPY Cont.**

In accordance with 42 CFR 440.110(a), physical therapy means services prescribed by a Physician or other Licensed Practitioner of the Healing Arts (LPHA) within the scope of his or her practice under state law and provided to a beneficiary by or under the direction of a qualified Physical Therapist. It includes any necessary supplies and equipment.

Providers of Physical Therapy Services include:

- **Physical Therapist (PT).** In accordance with 42 CFR 440.110 (a)(2), a "qualified physical therapist" is an individual who meets personnel qualifications for a physical therapist at 484.4.
- **Physical Therapist Assistant (PTA)** is an individual who is currently licensed by the South Carolina Board of Physical Therapy Examiners. A physical therapy assistant provides services under the direction of a qualified physical therapist.

**11.b OCCUPATIONAL THERAPY**

**Occupational Therapy Services:**

Other occupational therapy services not related to EPSDT must be provided in accordance with SCDHHS hospital, physician, and home health manuals.

In accordance with 42 CFR 440.110(b)(1), Occupational Therapy means services prescribed by a Physician or other Licensed Practitioner of the Healing Arts within the scope of his or her practice under state law and provided to a beneficiary by or under the direction of a qualified Occupational Therapist. Occupational Therapy Services are related to Self-Help Skills, Adaptive Behavior, Fine/Gross Motor, Visual, Sensory Motor, Postural, and Emotional Development that have been limited by a physical injury, illness, or other dysfunctional condition. Occupational Therapy involves the use of purposeful activity interventions and adaptations to enhance functional performance.

Providers of Occupational Therapy include:

- **Occupational Therapist (OT).** In accordance with 42 CFR 440.110 (b)(2)(i)(ii) A qualified occupational therapist is an individual who is - (i) Certified by the National Board of Certification for Occupational Therapy; or (ii) A graduate of a program in occupational therapy approved by the Committee on Allied Health Education and

SC 14-003  
EFFECTIVE DATE: 04/01/14  
RO APPROVAL: 06/02/14  
SUPERSEDES: 10-011

**11.b OCCUPATIONAL THERAPY Cont.**

Accreditation of the American Medical Association and engaged in the supplemental clinical experience required before certification by the National Board of Certification for Occupational Therapy.

- **Occupational Therapy Assistant (OTA)** is an individual who is currently licensed as a Certified Occupational Therapy Assistant (COTA/L or OTA) by the South Carolina Board of Occupational Therapy who works under the direction of a qualified occupational therapist pursuant to 42 CFR 440.110(b)(2)(i) or (ii).

**11.c Speech-Language Pathology Services**

**Speech-Language Pathology Services:** Other Speech-Language Pathology Services not related to EPSDT must be provided in accordance with SCDHHS hospital, physician and home health manuals. In accordance with 42 CFR 440.110(c)(1), Speech-Language Pathology Services include diagnostic, screening, preventive, or corrective services provided by or under the direction of a Speech-Language Pathologist, for which a patient is referred by a physician or other licensed practitioner of the healing arts within the scope of his or her practice under State law. It includes any necessary supplies and equipment.

Providers of Speech-Language Pathology Services include:

- **Speech-Language Pathologist** in accordance with 42 CFR 440.110(c)(2)(i)(ii)(iii) is an individual who meets one of the following conditions: (i) Has a Certificate of Clinical Competence from the American Speech and Hearing Association. (ii) Has completed the equivalent educational requirements and work experience necessary for the certificate. (iii) Has completed the academic program and is acquiring supervised work experience to qualify for the certificate.
- **Speech-Language Pathology Assistant** is an individual who is currently licensed by the South Carolina Board of Examiners in Speech-Language Pathology. The Speech-Language Pathology Assistant works under the direction of a qualified Speech-Language Pathologist pursuant to 42 CFR 440.110(c)(2)(i) and (ii).

**Audiological Services:** Other Audiological Services not related to EPSDT must be provided in accordance with SCDHHS home health manuals. In accordance with 42 CFR 440.110(c)(1), Audiological Services for individuals with hearing disorders means diagnostic, screening, preventive, or corrective services provided by or under the direction of an audiologist, for which a patient is referred by a physician or other licensed practitioner of the healing arts within the scope of his or her practice under state law. It includes any necessary supplies and equipment.

Providers of Audiology services include:

**Audiologist:** All Medicaid-qualified audiology providers (Licensed Audiologists) operating in the State of South Carolina adhere to the provider qualifications found in 42 CFR 440.110(c)(3)

SC 10-011  
EFFECTIVE DATE: 11/01/10  
RO APPROVAL: 02/07/11  
SUPERSEDES: SC: 08-001

- 12.a PHARMACY SERVICES. The pharmacy benefit provides certain medications to eligible Medicaid recipients, pursuant to, and in compliance with, Section 1927 of the Act.

Prescription/refill quantities are generally limited to a maximum thirty-one (31) day supply per fill. Exceptions to the 31-day supply include: (1) systemic contraceptives and (2) products for which packaging does not allow a 31-day dispensation.

Based on the requirements in Section 1927 of the Act, the state has the following policies for the supplemental rebate program for the Medicaid population:

- (A) CMS has authorized the State of South Carolina to enter into the Michigan multi-state pooling agreement (MMSPA) also referred to as the National Medicaid Pooling Initiative (NMPI). The Amendment to the Supplemental Drug Rebate Agreement was submitted to the Center for Medicare and Medicaid Services (CMS) on October 1, 2013 and approved for existing agreements with the pharmaceutical manufacturers.
- (B) CMS authorized the Supplemental Drug-Rebate Agreement submitted to CMS on January 12, 2007 for renewal and new agreements with pharmaceutical manufacturers.
- (C) Any contracts or agreements with pharmaceutical manufacturers not currently approved by CMS will be submitted for CMS approval.

SC: 20-0003  
EFFECTIVE DATE: 07/01/20  
RO APPROVAL: 11/20/20  
SUPERSEDES: SC 17-0008

- 12c. PROSTHETIC OR ORTHOTIC APPLIANCES. Approval from the State Office is required prior to the provision of the prosthetic or orthotic appliance. Supplies, equipment, and appliance limitations are specified in the Durable Medical Equipment Provider Manual, and follow Medicare limitations.
- 12d. EYEGLASSES Coverage for eyeglasses will be limited to recipients under 21 years of age when medical necessity has been established. One pair of eyeglasses is available during a 365 day period to beneficiaries eligible under the EPSDT program. Additional lenses can be approved if the prescription changes at least one half diopter (0.50) during the 365 day period.
- 13b. Preventive Services are defined as routine services for adults or children when the procedures are performed in the absence of an illness or complaint(s). Preventative services are subject to certain limitations depending on age, risk factors, and frequency. These best practice recommendations are subject to change as regulations and future clarifications are released by the USPSTF.

SC: 20-0003  
EFFECTIVE DATE: 07/01/20  
RO APPROVAL: 11/20/20  
SUPERSEDES: SC 14-017

	<b>Description</b>
Abdominal aortic aneurysm screening: men	The USPSTF recommends one-time screening for abdominal aortic aneurysm by ultrasonography in men ages 65 to 75 years who have ever smoked.
Alcohol misuse: screening and counseling	The USPSTF recommends that clinicians screen adults age 18 years or older for alcohol misuse and provide persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce alcohol misuse.
Blood pressure screening in adults	The USPSTF recommends screening for high blood pressure in adults age 18 years and older.
Breast cancer screening	The USPSTF recommends screening mammography for women, with or without clinical breast examination, every 1 to 2 years for women age 40 years and older.
Cervical cancer screening	The USPSTF recommends screening for cervical cancer in women ages 21 to 65 years with cytology (Pap smear) every 3 years or, for women ages 30 to 65 years who want to lengthen the screening interval, screening with a combination of cytology and human papillomavirus (HPV) testing every 5 years.
Cholesterol abnormalities screening: men 35 and older	The USPSTF strongly recommends screening men age 35 years and older for lipid disorders.
Cholesterol abnormalities screening: men younger than 35	The USPSTF recommends screening men ages 20 to 35 years for lipid disorders if they are at increased risk for coronary heart disease.
Cholesterol abnormalities screening: women 45 and older	The USPSTF strongly recommends screening women age 45 years and older for lipid disorders if they are at increased risk for coronary heart disease.
Colorectal cancer screening	The USPSTF recommends screening for colorectal cancer using fecal occult blood testing, sigmoidoscopy, or colonoscopy in adults beginning at age 50 years and continuing until age 75 years. The risks and benefits of these screening methods vary.
Depression screening: adolescents	The USPSTF recommends screening adolescents (ages 12-18 years) for major depressive disorder when systems are in place to ensure accurate diagnosis, psychotherapy (cognitive-behavioral or interpersonal), and follow-up.
Depression screening: adults	The USPSTF recommends screening adults for depression when staff-assisted depression care supports are in place to assure accurate diagnosis, effective treatment, and follow-up.
Diabetes screening	The USPSTF recommends screening for type 2 diabetes in asymptomatic adults with sustained blood pressure (either treated or untreated) greater than 135/80 mm Hg.
Hepatitis C virus infection screening: adults	The USPSTF recommends screening for hepatitis C virus (HCV) infection in persons at high risk for infection. The USPSTF also recommends offering one-time screening for HCV infection to adults born between 1945 and 1965.

SC: 14-017  
EFFECTIVE DATE: 09/01/14  
RO APPROVAL: 12/02/14  
SUPERSEDES: SC 11-020

HIV screening: nonpregnant adolescents and adults	The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults ages 15 to 65 years. Younger adolescents and older adults who are at increased risk should also be screened.
HIV screening: pregnant women	The USPSTF recommends that clinicians screen all pregnant women for HIV, including those who present in labor who are untested and whose HIV status is unknown.
Intimate partner violence screening: women of childbearing age	The USPSTF recommends that clinicians screen women of childbearing age for intimate partner violence, such as domestic violence, and provide or refer women who screen positive to intervention services. This recommendation applies to women who do not have signs or symptoms of abuse.
Lung cancer screening	The USPSTF recommends annual screening for lung cancer with low-dose computed tomography in adults ages 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.
Skin cancer behavioral counseling	The USPSTF recommends counseling children, adolescents, and young adults ages 10 to 24 years who have fair skin about minimizing their exposure to ultraviolet radiation to reduce risk for skin cancer.
Tobacco use counseling and interventions: nonpregnant adults	The USPSTF recommends that clinicians ask all adults about tobacco use and provide tobacco cessation interventions for those who use tobacco products.
Tobacco use counseling: pregnant women	The USPSTF recommends that clinicians ask all pregnant women about tobacco use and provide augmented, pregnancy-tailored counseling to those who smoke.
Tobacco use interventions: children and adolescents	The USPSTF recommends that clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use in school-aged children and adolescents.

13c. PREVENTIVE SERVICE FOR PRIMARY CARE ENHANCEMENT

A. Definition of Service - Preventive Services for Primary Care Enhancement (PSPCE) are services, including assessment and evaluation, furnished by physicians or other licensed practitioners of the healing arts acting within the scope of practice under State law which are furnished in order to:

- Prevent disease, disability, and other health conditions or their progression;
- Prolong life; and
- Promote physical and mental health and efficiency.

SC: 14-017  
EFFECTIVE DATE: 09//01/14  
RO APPROVAL: 12/02/14  
SUPERSEDES: New Page

Covered PSPCE must either be: (1) required for the development and implementation of a comprehensive medical plan of care by a physician and other appropriate practitioners, or; (2) medically necessary preventive services identified in the comprehensive PSPCE medical plan which are not otherwise covered under the State plan.

B. PSPCE Plan of Care Requirement - The PSPCE medical plan of care must be designed to enhance the individual's practice of healthy behaviors, prevent deterioration of chronic conditions, and promote the full and appropriate use of primary medical care. A PSPCE medical plan of care must be developed with the following components:

- assessment/evaluation of health status, individual's needs, knowledge level;
- identification of relevant risk factors or needs which justify the medical necessity for PSPCE;
- development of a goal-oriented plan of care (in conjunction with the physician and individual) that addresses risk factors and needs identified in the assessment/evaluation, and which specifies the service(s) necessary to reduce/ameliorate the risk factor(s);
- anticipatory guidance/counseling to limit the development/progression of a disease/condition and to achieve the goals in the medical plan of care.

C. Medical Necessity Criteria for PSPCE Preventive Services - The PSPCE medical plan of care must include findings that preventive services covered as PSPCE are medically necessary due to:

- high risk for developing a disease or experiencing a negative health outcome; or
- mental/physical impairments which result in risk of poor adherence to a plan of care or need for reinforcement to enhance likelihood of full and appropriate use of primary care; or
- need for effective management of a recently diagnosed disease, when such management could prevent further progression of the disease.

D. Special Conditions - In order to be covered as PSPCE, preventive services must: (1) be included in the PSPCE medical plan of care; (2) involve direct, one-on-one individual contact; and (3) be medically-oriented. Group sessions that allow direct one-on-one interaction between the counselor and the individual may also be used to provide some components of this service.

E. Qualification of Providers - Providers of PSPCE are physicians or other practitioners of the healing arts licensed by the State and acting within the scope of their practice under State law (e.g., nurse practitioners, registered dietitians, registered nurses, licensed master social workers, licensed baccalaureate social workers, licensed practical nurses).

SC: MA 96-006  
EFFECTIVE DATE: 4/01/96  
RO APPROVAL: 2/24/98  
SUPERSEDES: MA 90-40

#### Preventive Services - Disease Management

The State of South Carolina will provide a statewide Disease Management Program to all Medicaid beneficiaries eligible for Title XIX Medicaid coverage under the Categorically Needy Program (CNP) and who receive services through the South Carolina Medicaid fee-for-service (FFS) system.

All FFS beneficiaries will receive basic disease management interventions designed to improve their health status, such as information and educational materials regarding wellness and preventive health measures. FFS beneficiaries who have Asthma, Diabetes or Hypertension will also receive additional interventions specific to their disease. One example of a disease-specific intervention is education regarding self-management of the beneficiary's asthma, diabetes or hypertension.

The State's Disease Management Program is designed to assist beneficiaries with chronic illness achieve the following goals:

1. Increase the beneficiary's (and/or their caregiver's) understanding of their disease so they are:
  - More effective partners in the care of their disease;
  - Better able to understand the appropriate use of resources needed to care for their disease(s);
  - Able to identify when their health is getting worse earlier and seek appropriate attention before they reach crisis levels; and
  - More compliant with medical recommendations.
2. Improve beneficiaries' quality of life by assisting them in "self-management" of their disease and in accessing regular preventive health care;
3. Provide coordination among multiple case managers and health care providers;
4. Improve adherence to national, evidence-based guidelines to improve beneficiaries' health status; and
5. Reduce unnecessary emergency department visits, hospitalizations and hospital lengths of stay.

#### Individuals Eligible for Services

Target Group: The target group of Medicaid beneficiaries to receive Disease Management services are beneficiaries who:

- Receive medical services through fee-for-service coverage; and
- Are not already receiving care coordination services as residents of an institution, participants in a Medicaid waiver program, enrollees in a hospice program or through an agency developed or other medical home model (e.g., managed care organization).

**SC: MA 04-002**  
**EFFECTIVE DATE: 4/01/04**  
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**SUPERSEDES: N/A**



Components of Disease Management

All beneficiaries eligible to participate in the Disease Management Program will receive comparable services, based on their level of disease and co-morbid conditions. All beneficiaries will be assessed for their risk level and will receive follow-up education and disease management services appropriate for their risk level.

Disease Management Organizations (DMOs) will provide the services described below to beneficiaries eligible for the program. All FFS beneficiaries will receive the basic disease management interventions described in the first bullet. In addition to receiving the services described in the first bullet, FFS beneficiaries with Asthma, Diabetes and Hypertension will also receive the disease-specific interventions described in the second bullet.

- When necessary, assist in accessing appropriate primary and preventive medical care; care-coordination; referrals for specialty, social and ancillary services; and promotion of self-management. These activities will take place through use of a nurse consultation telephone line in which licensed registered nurses may initiate monitoring and follow-up calls to beneficiaries in the program, as well as to provide twenty-four (24) hour seven (7) days per week access to licensed registered nurse consultation for beneficiary calls about their treatment plan and self-management and management of medical crises. This nurse line will also operate as a means for identifying beneficiaries eligible for the disease management program and those who lack a primary medical home. Additionally field visits by a licensed registered nurse will be made to beneficiaries when appropriate.
- Initial health assessment by a licensed registered nurse and periodic follow-up of the ongoing health status of enrolled beneficiaries. The assessment process includes the development and implementation of an individual plan of care that addresses the beneficiaries' multiple health, behavioral and social needs, and that ensures continuity, quality and effectiveness of care in conjunction with the individual's health care provider (physician, physician's assistant, advanced practice registered nurses). In addition, the licensed registered nurse will: provide the beneficiary with health information related to patient self management skills, patient self-administration of medications, and crisis health care management; evaluate a beneficiary's health condition and make short-term medical recommendations subject to a provider's final approval; and assist the provider with implementation of the provider's care plan for the patient.

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SUPERSEDES: N/A

Choice of Providers

The state assures that there will be no restrictions on a beneficiary's freedom of choice of providers in violation of Section 1902(a)(23) of the Act. Eligible beneficiaries have free choice to receive or not receive disease management services through any DMO that meets the stated criteria below and may change case managers within their DMO at any time. Eligible beneficiaries also have free choice of the providers of other medical care under the Medicaid program.

Criteria for the Disease Management Organization (DMO)

- a. All Disease Management case managers shall be licensed registered nurses and/or licensed social workers who meet the requirements of the contracted DMO.
- b. DMOs that contract with the South Carolina Department of Health and Human Services to provide disease management services must meet the following conditions:
  1. Has a minimum of three years' experience providing disease management services;
  2. Has an evidenced-based healthcare practice guideline for each specific disease state being managed;
  3. Has an established collaborative healthcare practice model to include the State's current providers, community-based partners including, but not limited to, faith based organizations, school nursing programs and other support-service providers.
  4. Has patient self-care management educational materials and methods appropriate to each targeted disease population;
  5. Has internal quality assurance/improvement, outcomes measurement, evaluation and management systems;
  6. Provides access to a call center 24-hours-a-day, seven-days-per-week with licensed medical personnel who have training and/or are credentialed in the disease specific areas. All staff must be trained in at least the areas of establishing rapport, cultural sensitivity, and stages of change. The helpline must also be equipped with appropriate technology to accept calls from all members, ensuring program responsiveness and access to all services for people with limited English proficiency;
  7. Has the ability to guarantee program savings;
  8. Meets applicable federal and state laws and regulations governing the participation of providers and beneficiaries in the Medicaid program.

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**EFFECTIVE DATE: 4/01/04**  
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**SUPERSEDES: N/A**

Comparability of Services

All beneficiaries eligible to participate in the Disease Management Program will receive comparable services, based on their level of disease and co-morbid conditions. All beneficiaries will be assessed for their risk level and will receive follow-up education and disease management services appropriate for their risk level.

Enrollment/Disenrollment Process

This Disease Management Program is a voluntary program. While all eligible beneficiaries will be automatically enrolled in the Disease Management Program, any beneficiary may disenroll through the following methods:

- a. Beneficiaries may request disenrollment by calling their DMO. This process is referred to as "opting out" of the Disease Management Program.
- b. DMOs may recommend disenrollment to the SCDHHS through an approved process.
- c. SCDHHS may disenroll if:
  - A beneficiary's eligibility ends;
  - A beneficiary enrolls in a home and community-based waiver or hospice; or
  - A beneficiary joins an agency-developed or other medical home model, such as a managed care organization.

**Beneficiaries may also re-enroll in or "opt-in" the Disease Management Program by calling their DMO.**

**SC: MA 04-002  
EFFECTIVE DATE: 4/01/04  
RO APPROVAL: 6/10/04  
SUPERSEDES: N/A**

13.c. Preventive Services - Diabetes Management

- A. Definition of Service - Diabetes Management Services provide medically necessary, comprehensive diabetes management and counseling services to diabetics of any age who the primary care provider determines will benefit from management services. The program is intended to improve and/or maintain the health of beneficiaries by providing counseling, education and instructions to beneficiaries in the successful health self-management of diabetes. After a medical assessment and referral by their primary care provider, beneficiaries receive services that help them adhere to their medical plan of care. Individual and/or group interventions encourage patient education related to his/her diabetes (e.g., nutrition, wound care, foot care) and behavior modification to encourage lifestyle changes that will improve health and reduce the severity of diabetes. Feedback to the primary care provider assists with medical monitoring of the beneficiary. The primary objective of Diabetes Management Services is to help the Medicaid-eligible beneficiary adapt to the chronic diagnosis of diabetes by learning self-management skills.
- B. Plan of Care Requirements - The Diabetes Management Plan of Care must be designed to enhance the beneficiary's ability to understand and manage his/her medical condition relative to diabetes and the possible complications resulting from that disease state. The plan of care must include the following:
- Assessment/evaluation of the beneficiary's health status, individual needs, and knowledge level of his/her disease.
  - Development of a goal-oriented plan of care (in conjunction with the physician and beneficiary) that addresses identified needs and specifies the services necessary and specifies on-going communication with the primary care provider; and
  - Guidance/counseling to limit the development/progression of the disease
- C. Medical Necessity Criteria for Diabetes Management Services - The plan of care must include findings that Diabetes Management Services are medically necessary to help the individual Medicaid-eligible beneficiary adapt to the chronic diagnosis of diabetes by learning self-management skills. The primary care provider must refer the beneficiary for services and the provider will maintain communication with the referring primary care provider.
- D. Special Conditions - In order to be covered services, they must be included in the plan of care and involve direct contact. Services may be rendered in either individual or group settings.

SC: 05-014  
EFFECTIVE DATE: 01/01/06  
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SUPERSEDES: New page

E. Qualification of Providers - Providers of Diabetes Management must be practitioners of the healing arts licensed by the State acting within the scope of their practice under State law (e.g., physicians, pharmacists, nurse practitioners, registered dietitians, registered nurses, licensed master social workers, licensed baccalaureate social workers, licensed practical nurses). Providers must also meet the requirements established by South Carolina Department of Health and Human Services for enrollment and billing, which includes one of the following criteria:

- Provider adheres to National Standards for Diabetes Self-Management Education which requires programmatic management by a Certified Diabetes Educator (CDE), or
- Provider is an American Diabetes Association (ADA) recognized program, or
- Provider is recognized by the Indian Health Service (IHS)

F. Sickle Cell Disease Management (SCDM) is available to Medicaid eligible individuals determined to have a confirmed diagnosis of Sickle Cell Disease as defined by the Sickle Cell Disease Association of America and the Centers for Disease Control and Prevention (CDC). See the Sickle Cell Management Policies and Procedures (as amended) in the Medicaid manual for requirements. Covered services must either be: (1) required or recommended for the implementation of a comprehensive medical plan of care by a physician and other appropriate practitioners, or; (2) medically necessary services identified in the SCDM treatment plan, approved by a physician, and (3) services which are not otherwise covered or duplicated services under the State Plan.

A. SCDM Definition:

SCDM is a set of interventions designed to improve the health of beneficiaries with Sickle Cell Disease and avoid or reduce sickle cell disease related complications and crises. Program Services:

- identify needed interventions;
- enhance patient management of the disease and promote adherence to individualized treatment;
- provide evidence-based medical information and monitoring;
- include routine reporting and feedback with the beneficiary and primary care providers to promote continuity of care; and
- measure outcomes and provide information to update care, as needed

SCDM includes the following assistance: Providers of Sickle Cell Disease Management must be registered nurses, licensed social workers, and licensed practical nurses.

B. SCDM includes the following assistance:

1. Face-to-Face comprehensive assessments and periodic reassessments of individual needs, to determine the need for any medical, educational, psychosocial or other services. These assessment activities include:

SC: 14-006

EFFECTIVE DATE: 05/01/14

RO APPROVAL: 09/23/14

SUPERSEDES: SC 05-014

- a) taking client history;
- b) medical assessment to identify the beneficiary's needs; and,
- c) gathering information from medical providers and other caregivers.

Assessments shall be conducted at least every 180 days, but may occur more frequently when significant changes occur or new needs are identified.

2. Development (and periodic revision) of a specific individual treatment plan that is shared with the primary care provider and based on the information collected through the assessment that:

- a) specifics the goals and actions to improve or maintain the health of the beneficiary;
- b) identifies activities that are necessary to respond to the assessed needs of the eligible beneficiary;
- c) includes patient education and instruction in health self-management needs; and,
- d) lists the minimal individual medical monitoring schedule to support primary care giver treatments and instructions.

3. SCDM services are activities necessary to ensure the care plan is implemented and adequately address the beneficiary's needs. Medicaid will make payment for two (2) hours per day, 24 hours per state fiscal year for face-to-face Sickle Cell disease Patient Education visits. This limitation may be exceeded based on medical necessity, services that exceed the limit will be prior authorized by the Quality Improvement Organization contracted by the state. Services may be provided individually or in group settings. Services must meet the following conditions for beneficiaries in the program.

a) Face-to-Face visits:

- o provide services in accordance with the beneficiary's care plan, including counseling, disease education, and self-management skills;
  - o monitor the beneficiary's compliancy with primary care provider treatments; and
  - o include observation and data collection of the beneficiary's health status to determine if adjustments may be needed to the care plan or if health care referrals are indicated.
- Face-to-Face visits are made with the eligible beneficiary to ensure appropriateness of continued services; and at least one visit every 180 days in the beneficiary's natural environment to ensure appropriateness of services;
  - A Face-to-Face home visit will be conducted after a nurse receives a medical consultation telephone line call from a beneficiary in the program.

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EFFECTIVE DATE: 05/01/14  
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SUPERSEDES: New Page

b) Patient Education:

Patient Education means face-to-face educational services provided to patients with Sickle Cell Disease. A provider is authorized to bill up to a maximum of two (2) hours per day, 24 hours per state fiscal year for Sickle Cell disease Patient Education. Services may be provided individually or in group settings. Focus of training must be age appropriate sickle cell disease management and include training on preventing infections, preventing crisis, etc. The frequency and type of service should be tailored to the beneficiary's needs.

4. Access to licensed medical staff trained and/or credentialed in Sickle Cell Disease management for SCDM medical consultation by telephone will be available to established patients 24 hours a day, seven days a week.
5. Periodic case plan progress reports must be sent to a primary care provider. SCDM providers should consult with the primary care provider as often as needed to ensure relevant services are provided.

C. SCDM Staff Qualifications

Providers of Sickle Cell Disease Management Services of assessments, service plan development and face-to-face visits must be registered nurses, licensed social workers, and/or licensed practical nurses. The RN must have at least one year experience working with individuals in a health/human service environment and must attend an evidence-based training related to sickle cell disease annually.

Services delegated to Licensed Practical Nurses (LPN) must be within the scope of practice of the LPN and must be under the direction of the supervising Registered Nurse. The registered Nurse will be responsible for all services rendered by the LPN. Licensed Social Workers acting within the scope of their practice under State Law may provide SCDM services.

The Registered Nurse and Licensed Social Worker providing SCDM must meet all provider enrollment requirements and provide services in accordance with the South Carolina State Plan's *Criteria for the Disease Management Organization (DMO)*. DMO criteria are located at page 6a.1 of the plan. The DMO will be responsible for ensuring that all SCDM providers receive appropriate and up-to-date evidence-based training related to sickle cell disease.

D. Beneficiary Requirements:

Services are available to non-institutionalized beneficiaries who have a confirmed laboratory diagnosis of sickle cell disease which include the sickle hemoglobinopathies (Hb SS, Hb SC, Hb S Beta- Thalassemia, Hb SD, Hb SE, and Hb SO) and are not simultaneously receiving Targeted Case Management or any other coordination/management service for Sickle Cell Disease. This Disease Management Program is a voluntary program. Beneficiaries may request disenrollment by calling their DMO. This process is referred to as "opting out" of the Disease Management Program.

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**13d. REHABILITATIVE SERVICES**

Rehabilitative services are available only to Medicaid beneficiaries who meet the medical necessity criteria as outlined in the policy manual for these services. Medical necessity criteria may differ between individual services. Except where indicated, all services apply to both adults and children. The Division of Medicaid covers all medically necessary services for EPSDT-eligible beneficiaries ages birth to twenty-one (21) in accordance with 1905(a) of the Act, without regard to service limitations. Rehabilitative services are provided to, or directed exclusively toward, mental health and/or substance use disorder treatment for the Medicaid eligible beneficiary. Services are provided by qualified service providers for the purpose of ameliorating disabilities, improving the beneficiary's ability to function independently, and restoring maximum functioning through the use of diagnostic and restorative services.

**a) Staff Qualifications**

Rehabilitative services are medical or remedial services that have been recommended by a physician or other licensed practitioner of the healing arts (LPHA) within the scope of their practice, under South Carolina State Law and as may be further determined by the South Carolina Department of Health and Human Services (SCDHHS) for maximum reduction of physical or mental disability and restoration of a beneficiary to their best possible functional level. Services are provided by qualified clinical professionals and paraprofessionals as listed in the Staff Qualifications chart. Services are authorized by LPHA staff: Physician, Psychiatrist, Psychologist, Physician's Assistant, Registered Nurse with a Master's degree in Psychiatric Nursing, Advanced Practice Registered Nurse, Independent Social Worker - Clinical Practice, Marriage and Family Therapist, Licensed Master Social Worker (see Medicaid RBHS staff qualification table for guidance on provider type for this credential), Licensed Professional Counselor and Licensed Psycho-Educational Specialist.

**b) Service Limitations**

Service limitations on scope, amount, duration, frequency, location of service, and/or other specific criteria described in coverage policies may be exceeded as medically necessary for all services. The provider must submit documentation that addresses the need for additional services. The Medicaid beneficiary must meet the medical necessity criteria for receipt of each requested service. The beneficiary must be reassessed to determine medical necessity before prior approval.

**c) Freedom of Choice for the Beneficiaries**

Medicaid beneficiaries will have free choice of any qualified licensed, unlicensed and paraprofessional Medicaid providers. The provider must assure that the provision of services will not restrict the beneficiary's freedom of choice and it is not in violation of section 1902(a) (23) of the Social Security Act.

**d) Provider Qualifications**

To participate in the South Carolina Medicaid Program, applicants or providers must meet appropriate federal and state requirements, outlined in the SCDHHS provider enrollment policy and the following:

- Complete an online provider enrollment application and agreement and submit necessary supporting documentation. Only state agencies are required to sign a contractual agreement in addition to the provider enrollment agreement. Accept the terms and conditions of the online application by electronic signature.
- If required by the services they will be providing,
  - i. be licensed by the appropriate licensing body,
  - ii. certified by the standard-setting agency,
  - iii. and continuously meet these requirements.
- Unlicensed and Paraprofessionals are not enrolled providers with a provider number; they work under the supervision of an enrolled provider.
- Obtain a National Provider Identifier (NPI) and share it with SCDHHS. Refer to <http://nppes.cms.hhs.gov> for additional information about obtaining an NPI.



- Comply with all federal and state laws and regulations currently in effect as well as all policies.
- Private providers must be accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), the Council on Accreditation (COA), the Joint Commission in Behavioral Health Services, or Healthcare Facilities Accreditation Program (HFAP).
- LPHA or medical staff must be licensed or registered with the State where the business is located.
- The applicant must have a business license from the state and/or municipality or county where the service will be provided.
- Physical business site must be located in the SC Medicaid Service Area (SCMSA).

**e) Facility Qualifications**

Residential Treatment providers must follow the guidelines set in the SCDHHS Enrollment manual (e.g. the business site must be located within the SC Medicaid Service Area a 25 mile radius of the SC border) and be in compliance with Federal and State requirements (e.g if applicable, be licensed by the SC Department of Social Services). Residential facilities are limited to 16 or fewer beds in order to receive Medicaid reimbursement (Federal law prohibits Medicaid payment to institutions of Mental Disease as described in the Code of Federal Regulations, 42 CFR 435.1009.-101). All 16-bed residential substance abuse facilities must be licensed with the SC Department of Health and Environmental Control under the regulation of 61-93 (standards for Licensing Facilities that treat individuals for psychoactive substance abuse or dependence). Providers must maintain a current license.

**f) Behavioral Health Services**

**1. Behavioral Health Screening (BHS):**

The purpose of this brief screening is to provide early identification of mental health and/or substance use disorders to facilitate appropriate referral for assessment and/or treatment services.

a) Limitation of Services:

BHS is billed in 15-minute units and a limit of two units per day. Services must be documented on the Clinical Service Note (CSN) with a start time and end time. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet to the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Qualifications:

BHS must be provided by qualified clinical professionals as defined on the "Staff Qualifications" chart and who have been specifically trained to review the screening tool and make a clinically appropriate referral. (See pages 6c.20-6c.26).

**2. Diagnostic Assessment (DA):**

I. Diagnostic Assessment without Medical: The purpose of this face-to-face assessment is to determine the need for rehabilitative behavioral health services, to establish or confirm a diagnosis (diagnoses), to assist in the development of an individualized plan of care based upon the beneficiary's strengths and deficits, or to assess progress in and need for continued treatment. This assessment includes a comprehensive bio-psychosocial interview and review of relevant psychological, medical, and educational records.

II. Diagnostic Assessment with Medical: When a determination of the appropriateness of initiating or continuing the use of psychotropic medication is required, the diagnostic assessment must be carried out by a physician/psychiatrist or advanced practice registered nurse with prescriptive authority.

a) Limitation of Services: (applies to I and II)

The assessment is billed as an encounter and the encounter can range from 30 to 60 minutes. One encounter can be done every six months. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services: (applies to I and II)

The assessment must be provided by qualified clinical professionals as defined in the "Staff Qualifications" chart and who have been specifically trained to provide and review the assessment tool and make a clinically appropriate referral. (See pages 6c.20-6c.26).

**3. Psychological Testing and Evaluation (PTE)**

Psychological Testing and Evaluation services (includes psychodiagnostic assessment of emotionality, intellectual abilities, personality and psycho-pathology, e.g., MMPI, Rorschach, and WAIS-R. Testing and evaluation must involve face-to-face interaction between a licensed psychologist and the beneficiary. When necessary or appropriate, consultation shall only include telephone or face-to-face contact by a psychologist.

a) Limitation of Services:

PTE is billed as a 60 minute unit with a limit of ten units billed within a week and a limit of 20 units billed per year. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

B) Staff Providing Services:

PTE must be provided by qualified clinical professionals as defined in the "Staff Qualifications" chart and who have been specifically trained to provide and review the assessment tool and make a clinically appropriate referral. (See pages 6c.20-6c.26).

**4. Service Plan Development (SPD):** The purpose of this service is the development of an individual plan of care (IPOC) for the beneficiary. The IPOC, which may be developed by an interdisciplinary team, establishes the beneficiary's needs, goals, and objectives and identifies appropriate treatment/services needed by the beneficiary to meet those goals. An interdisciplinary team is typically composed of the beneficiary, his/her family and/or other individuals significant to the beneficiary, treatment providers, and care coordinators. The IPOC will incorporate information gathered during screening and assessment. The IPOC will be person/family centered and the beneficiaries must be given the opportunity to determine the direction of his/her IPOC. An interdisciplinary team may be responsible for periodically reviewing progress made toward goals and modifying the IPOC as needed.

- a) Limitation of Services:  
SPD (Interdisciplinary Team Conference with and without Client/Family) is billed as an encounter and can range from 30 to 60 minutes. Six encounters are allowed in a 12 month period. Mental Health SPD by a non-physician is billed in a 15 minute unit and up to 10 units per week. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.
  - b) Staff Providing Services:  
SPD is provided by, or under the supervision of, qualified professionals as specified under the "Staff Qualifications" section and in accordance with the South Carolina State Law. A Physician or LPHA staff must sign the finalized IPOC when the IPOC is used to determine medical necessity. The master's level qualified clinical professional or LBSW may sign when the IPOC is not used for medical necessity. (See pages 6c.20-6c.26).
- 5. Individual Psychotherapy (IP):**  
The purpose of this face-to-face intervention is to assist the beneficiary in improving his/her emotional and behavioral functioning. The therapist assists the individual in identifying maladaptive behaviors and cognitions, identifying more adaptive alternatives, and learning to utilize those more adaptive behaviors and cognitions.
- a) Limitation of Services:  
IP is billed as an encounter. There are three encounter ranges: 16-37 minutes, 38-52 minutes and 53 or more minutes. There can be one encounter per day with a limit of six encounters per month. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.
  - b) Staff Providing Services:  
IP must be provided by clinical professionals operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).
- 6. Group Psychotherapy (GP):** The purpose of this face-to-face intervention is to assist several beneficiaries, who are addressing similar issues, in improving their functioning. The group process allows members to offer each other support, share common experiences, identify strategies that have been successful for them, and to challenge each other's behaviors and cognitions. The therapist guides the group to ensure that the process is productive for all members and focuses on identified issues.
- a) Limitation of Services:  
GP is billed as an encounter and the encounter range is 75-90 minutes. More than one session can be billed per day; with a limit of eight sessions per month. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.
  - b) Staff Providing Services: GP must be provided by clinical professionals operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).

**7. Multiple Family Group Psychotherapy (MFGP):**

Multiple Family Group Psychotherapy treatment will allow beneficiaries and families with similar issues to meet face-to-face in a group with a clinician. The group's focus is to assist the beneficiary and family members in resolving emotional difficulties, encourage personal development and ways to improve and manage their functioning skills.

a) Limitation of Services:

MFGP is billed as an encounter and the encounter range is 75-90 minutes. More than one session can be billed per day; with a limit of eight sessions per month. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

MFGP must be provided by clinical professionals operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).

**8. Family Psychotherapy (FP):** The purpose of this face-to-face intervention is to address the beneficiary's relationship with his/her family unit. The therapist assists the family members in developing a greater understanding of the beneficiary's mental health and/or substance use disorders and appropriate treatment for this disorder, identifying maladaptive interaction patterns between family members and how they contribute to the beneficiary's impaired functioning, and identifying and developing competence in utilizing more adaptive patterns of interaction. Treatment is focused on changing the family dynamics, reducing and managing conflict, improving interaction and communication, and promoting the family's support to facilitate the beneficiary's progress. Services can be rendered with or without the beneficiary present, but the beneficiary's issues must be the main focus of the discussion. This service provides guidance to the family or caregiver on navigating systems that support individuals with mental health and/or substance use disorders.

a) Limitation of Services:

FP is billed as an encounter and the encounter range is 60-75 minutes. FP with the beneficiary can be billed once per day with a limit of four sessions per month. FP without the beneficiary can be billed once per day with a limit of four sessions per month. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient

to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

FP must be provided by clinical professionals operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).

**9. Crisis Management (CM):** The purpose of this face-to-face, or telephonic, short-term service is to assist a beneficiary, who is experiencing a marked deterioration of functioning related to a specific precipitant, in restoring his/her level of functioning. The goal of this service is to maintain the beneficiary in the least restrictive, clinically appropriate level of care. The clinician must assist the beneficiary in identifying the precipitating event, in identifying personal and/or community resources that he/she can rely on to cope with this crisis, and in developing specific strategies to be used to mitigate this crisis and prevent similar incidents.

a) Limitation of Services:

CM is billed in 15-minute units with a limit of 16 units per day. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

CM must be provided by clinical professionals operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).

**10. Medication Management (MM):** The purpose of this face-to-face service is to determine any physiological and/or psychological effects of medication(s) on the beneficiary and to monitor the beneficiary's compliance with his/her medication regime. Intervention is focused on topics such as possible side effects of medications, possible drug interactions, and the importance of compliance with medication.

a) Limitation of Services:

MM is billed in 15-minute units with a limit of eight units per day. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

MM must be provided by a qualified clinical professional operating within their scope of practice as allowed by state law. (See pages 6c.20-6c.26).

11. **Community Integration Service (CIS):** The purpose of this face-to-face service is to treat serious and persistent mental health disorder(s) and/or co-occurring substance use disorders. This service assists beneficiaries to achieve identified psychosocial rehabilitative goals in a supportive and structured environment. CIS is a program designed to help beneficiaries regain their best personal functional level using interventions that are strength-based and focus on promoting recovery.

CIS assists in:

- The restoration of social skills (e.g., expressive skills, receptive behaviors, interactive behaviors, social intelligence)
- The restoration of adaptive skills (e.g., accessing and managing resources related to self-care and community tenure)
- The enhancement of communication and problem solving skills (e.g., conflict resolution, sound decision-making, critical thinking)
- Monitoring of changes in psychiatric symptoms/or functioning (e.g., identifying changes in mood, behavior, cognition, and urges)

CIS is designed to prevent inpatient hospitalizations, emergency department visits and social isolation, increasing the beneficiary's stability in home and community environments.

Providers are encouraged to utilize evidence-based best practice models. Practitioners providing this service are expected to maintain knowledge and skills regarding current research trends in best/evidence based models and practices for psychosocial rehabilitation.

CIS is available for a period of five or more hours per day, at least five days per week and it may be provided on weekends or in the evening. The service is provided with a staff to beneficiary ratio of 1:8. Utilization of the service must be based on medical necessity. The activities included in CIS must be included in the beneficiary's individualized plan of care and intended to achieve the beneficiary's psychosocial rehabilitative goals.

a) **Limitation of Service:**

CIS may not be provided on the same day as group Psychosocial Rehabilitative Services.

**Staff Providing Services:**

CIS is provided by qualified staff under the supervision of qualified clinical professionals as specified under the "Staff Qualifications" section of the Provider Manual. Staff providing the service must have at least a bachelor's degree.

Provider types which constitute qualified staff are:

- Physician
- Psychiatrist
- Physician's Assistant
- Advanced Practice Registered Nurse

- Licensed Psychologist
- Licensed Psychoeducational Specialist
- Licensed Independent Social Worker-Clinical Practice
- Licensed Master Social Worker
- Licensed Marriage and Family Therapist
- Licensed Professional Counselor
- Behavior Analyst
- Certified Substance Abuse Professional
- Clinical Chaplain
- Mental Health Professional
- Substance Abuse Professional
- Licensed Bachelor of Social Work
- Licensed Registered Nurse

12. Therapeutic Child Care (TCC) Service:

The purpose of this face-to-face service is to treat mental health disorders related to trauma, neglect, and/or abuse. TCC promotes or enhances appropriate developmental functioning which fosters social and emotional self-regulatory competence. The service is intended to restore functioning that the beneficiary either had or would have achieved if normal development had not been impaired by risk factors of trauma exposure and/or mental health disorders. TCC is a child-focused, family-centered intervention which targets the relationship between the child and the primary caregiver. Grounded in attachment theory, components of the service include Evidence Based Practices (EBPs) that are relationship-based, developmentally appropriate and trauma informed. TCC is provided for the direct benefit of the Medicaid eligible individual.

TCC assists in restoring:

- Age-appropriate social and emotional skills (e.g., emotion regulation and appropriate social interaction)
- Secure attachments to caregivers (e.g., engage in verbal and nonverbal emotional exchange with their primary caregiver; learn to communicate their needs in a way which fosters security and balance; comfort with seeking support and nurturing from caregiver)
- Appropriate boundaries (e.g., observing limits, gaining self-control to regulate behavior, increasing safety and sense of control)
- Parallel work with the primary caregiver is an essential component of this service. A minimum of one hour per week must be spent with the primary caregiver that includes parent-child interaction to encourage language and play, interpretation of child's behavior and reinforcement of a primary caregiver's appropriate actions and interactions.

TCC must be provided by qualified providers with a minimum staff to beneficiary ratio of 1:6. Utilization of the service must be based on medical necessity. The activities included in the TCC must be included in the beneficiary's individualized plan of care and intended to achieve the beneficiary's developmental, social and emotional competency goals.

a) Limitation of Services:

TCC may not be provided on the same day as group Psychosocial Rehabilitative Services.

b) Staff Providing Services:

TCC is provided by qualified staff under the supervision of qualified clinical staff as defined in the "Staff Qualifications" section of the Provider Manual. Staff providing the service must have at least a bachelor's degree.

Provider types which constitute qualified staff are:

- Physician
- Psychiatrist
- Physician's Assistant
- Advanced Practice Registered Nurse
- Licensed Psychologist
- Licensed Psychoeducational Specialist
- Licensed Independent Social Worker-Clinical Practice
- Licensed Master Social Worker
- Licensed Marriage and Family Therapist
- Licensed Professional Counselor
- Behavior Analyst
- Certified Substance Abuse Professional
- Clinical Chaplain
- Mental Health Professional
- Substance Abuse Professional
- Licensed Bachelor of Social Work
- Licensed Registered Nurse
- Child Service Professional



13. **Psychosocial Rehabilitation Services (PRS):** The purpose of this face-to-face service is to assist beneficiaries in the restoration of skills needed to promote and sustain independence and stability in their living, learning, social and working environments. PRS is designed to assist the individual with compensating for or eliminating functional deficits and interpersonal and/or environmental barriers associated with their challenges. This service includes activities that are necessary to achieve goals in the plan of care in the areas of 1) skills enhancement related to life in the community and to increasing the beneficiary's ability to manage their illness, to improve their quality of life and to live as actively and independently in the community as possible 2) understanding the practice of healthy living habits and self-care skills, 3) enhancing the beneficiary's self-management and communication skills, cognitive functioning and ability to develop and maintain environmental supports; and 4) consumer empowerment that improves the beneficiary's basic decision making and problem solving capabilities. Services are rendered individually and in a group setting. The group sessions support the beneficiary in the sharing of life experiences, and practicing these behaviors while in a supportive treatment relationship/environment.

a) **Limitation of Services:**

Whether provided individually or in a group session, PRS is billed in 15-minute units with a limit of 24 units per day. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) **Staff Providing Services:**

PRS is provided by qualified staff, under the supervision of qualified clinical professionals as specified under the "Staff Qualifications" section. Staff providing the service must have, at a minimum, a high school diploma or GED. (See pages 6c.20-6c.26).

14. **Behavior Modification (B-Mod):** The purpose of this face-to-face service is to provide the beneficiary with in vivo redirection and modeling of appropriate behaviors in order to enhance his/her functioning within his home or community. The individual's plan of care should determine the focus of this service.

a) **Limitation of Services:**

B-Mod is billed in 15-minute units with a limit of 32 units per day. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

B-Mod is provided by qualified staff, under the supervision, of qualified clinical staff as defined in the "Staff Qualifications" section. Staff providing the service must have, at a minimum, a high school diploma or GED. (See pages 6c.20-6c.26).

15. **Family Support (FS):** The purpose of this face-to-face or telephonic service is to enable the family/caregiver (parent, guardian, custodian or persons serving in a caregiver role) to serve as a knowledgeable member of the beneficiary's treatment team and to develop and/or improve the ability of families/caregivers to appropriately care for the beneficiary. FS does not treat the family or family members other than the identified beneficiary. FS is not for the purpose of history taking or coordination of care. This service includes the following discrete services when they are relevant to the goal in the individualized plan of care: providing guidance to the family/caregiver on navigating systems that support individuals with mental health and/or substance use disorder needs, such as mental health and/or substance use disorder advocacy groups and support networks; fostering empowerment of family/caregiver by offering supportive guidance for families with mental health and/or substance use disorder needs and encouraging participation in peer/parent support and self-help groups; and modeling these skills for parent/guardian/caregivers. The Family Support service does not include respite care or child care services.

a) Limitation of Services:

FS is billed in 15-minute units with a limit of 32 units per day. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval

b) Staff Providing Services:

FS is provided by, or under the supervision of qualified professionals as specified under the "Staff Qualifications" section. Staff providing the service must have, at a minimum, a high school diploma or GED. (See pages 6c.20-6c.26).

16. **Peer Support Service (PSS):** The purpose of this service is to allow people with similar life experiences to share their understanding to assist beneficiaries in their recovery from mental health and/or substance use disorders. This service is person centered with a recovery focus and allows beneficiaries the opportunity to direct their own recovery and advocacy process. The Peer Support Specialist will utilize her/his own experience and training to assist the beneficiary in understanding how to manage her/his illness in their daily lives by helping them to identify key resources, listening and encouraging beneficiaries to cope with barriers, working towards their goals, providing insight, and sharing information on services and empowering the beneficiary to make healthy decisions. The unique relationship between the Peer Support Specialist and the beneficiary fosters understanding and trust in beneficiaries who otherwise would be alienated from treatment. The beneficiary's plan of care determines the focus of this service. Peer Support Service is provided by a Peer Support Specialist under the supervision of a qualified clinical professional, as specified under the Staff Qualifications section. The degree of supervision will be contingent upon the qualifications, competencies and experience of the peer support provider.

a) Limitation of Services:

PSS is billed in 15- minute units with a limit of 16 units per day. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

The Peer Support Specialist must possess, at a minimum, a high school diploma or GED, and he/she must have successfully completed and passed a certification training program, and he/she must be a current or former beneficiary of mental health and/or substance use disorder services. (See pages 6c.20-6c.26).

17. **Therapeutic Foster Care:** Therapeutic Foster Care (TFC) is a treatment-focused form of foster care provided in a family setting by trained caregivers. TFC is a family-based placement option for children and adolescents with serious emotional or behavioral needs who can be served in the community with intensive support. Youth receiving TFC require behavioral health services and supervision provided in a therapeutic foster home setting.

TFC services are individualized care provided to psychologically or emotionally disturbed, and/or behaviorally challenged youth. Eligible beneficiaries are those who are at risk for failure or have failed in regular foster homes, are unable to live with their own families, or are going through a transitional period from residential care as part of the process of return to family and community.

Comparable services are available in the existing state plan benefit for children not served through the therapeutic foster care system.

The treatment planning process is individualized and ongoing.

a) Limitation of Services:

TFC is billed as a daily, per diem unit with a limit of up to 31 units per month based on the calendar days in the month. TFC is an inclusive service and may not be provided on the same day as Psychosocial Rehabilitative Services. Conversely, Psychosocial Rehabilitative Services may not be provided on the same day as TFC.

b) Staff Providing Services:

TFC providers are licensed, custodial foster parents, supervised by qualified clinical professionals as specified under the "Staff Qualifications" section see pages 6c.23-6c.31). Qualified clinical professionals must be employed or contracted by Child Placing Agencies approved by the South Carolina Department of Social Services.

g) **Substance Use Disorder Treatment Services**

SCDHHS and the South Carolina Department of Alcohol and Other Drug Abuse Services (DAODAS) have implemented a statewide system to coordinate substance abuse treatment services that are critical to serving eligible Medicaid beneficiaries. The purpose of these services is to provide interventions for the treatment and management of substance abuse and addictive disorders in an outpatient or residential treatment setting. Services must have a rehabilitative and recovery focus aimed at managing acute intoxication and withdrawal. Services are designed to promote skills for beneficiaries identified as having a substance abuse disorder. Services can also address, if present, a co-occurring mental health disorder.

a) **Medical Necessity**

The beneficiary must meet the diagnostic criteria for a substance use disorder or co-occurring substance use and mental health disorders as defined by the current edition of the DSM or ICD to establish medical necessity for treatment services. The beneficiary must be assessed to establish medical necessity for the treatment of services. SCDHHS has adopted the American Society of Addiction Medicine's (ASAM-PPC-2R) Patient Placement Criteria for the Treatment of Substance-Related Disorders as the basis for a beneficiary's placement in the appropriate levels of care with documentation reflecting applicable medical necessity on each of the ASAM Dimensions. Treatment is based on the severity of the beneficiary's illness and his/her response to treatment.

**1. Substance Use Disorder Discrete Services**

**A. Alcohol and Drug Screening (ADS) and Brief Intervention Services**

Alcohol and Drug Screening (ADS) is designed to identify beneficiaries who are at risk of development of a substance use problem. The assessment will allow early identification of a substance use disorder and facilitate appropriate referral for a focused assessment and/or treatment. Services can also address, if present, a co-occurring mental health disorder.

- a) Limitation of Services:  
ADS are billed as an encounter and the encounter range is 15-30 minutes. Only one encounter code is allowed per day and twelve encounters are allowed a year. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.
- b) Staff Providing Services:  
ADS may be provided by qualified clinical professionals as defined in the "Staff Qualifications" section of this manual, who have been specifically trained to review the screening tool and make a clinically appropriate referral. (See pages 6c.20-6c.26).

**B. Alcohol and Drug Assessment (ADA)**

The purpose of this face-to-face assessment is to determine the need for alcohol and drug and/or rehabilitative services, to establish or confirm a diagnosis, to provide the basis for development of an effective, comprehensive individual plan of care based upon the beneficiary's strengths and deficits, or to assess progress in and the need for continued treatment. This assessment includes a comprehensive bio-psychosocial interview and review of relevant psychological, medical, and education records. A follow-up assessment occurs after an initial assessment to reevaluate the status of the beneficiary, identify any changes in behavior and/or condition, and to monitor and ensure appropriateness of the treatment.

- a) Limitation of Services:  
ADA is billed as an encounter and can range from 60 to 90 minutes. One encounter is allowed every six months. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.
- b) Staff Providing Services:  
ADA must be provided by qualified clinical professionals as defined in the "Staff Qualifications" section of this manual, who have been specifically trained to provide and review the assessment tool and make a clinically appropriate referral. (See pages 6c.20-6c.26).

**C. Alcohol and Drug/Substance Abuse Counseling (SAC):**

The purpose of this face-to-face intervention is to assist beneficiaries in their recovery process. The counseling is focused on acknowledging the consequences of continued maladaptive behaviors, identifying triggers for those behaviors, and developing alternative coping strategies and skill sets. This service provides reinforcement of the beneficiary's ability to function without the use of substances. This service addresses goals identified in the plan of care that involve the beneficiary relearning basic coping Mechanisms, understanding related psychological problems that

trigger addictive behavior, and encouraging the beneficiary to develop healthy boundaries. Services can be rendered individually or in a group setting. The intended outcome of the group is to share similar experiences, learn coping skills, manage maladaptive behaviors, understand and reduce substance use triggers, and assist in resolving identified problems.

a) Limitation of Services:

SAC is billed in a 15-minute unit with a limit of 32 units per week. Group counseling is billed as an encounter and the encounter range is 60 minutes with a limit of 3 encounters per week. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

SAC must be provided by a qualified clinical professional or under the supervision of a qualified clinical professional as defined in the "Staff Qualifications" section. (See pages 6c.20-6c.26).

**D. Skills Training (ST) and Development Services for Children**

The purpose of this service is to provide activities that will restore or enhance targeted behaviors, improve the child's ability to function in his or her living, learning, and social environments. The service is intended to restore functioning that the beneficiary either had or would have achieved if normal development had not been impaired by risk-factors of substance use disorder, or co-occurring substance use and mental health disorders. Skills Training and Development focuses on enhancing healthy behaviors to reduce disability. Interventions are planned in such a way that they are constantly supporting, guiding, and reinforcing the beneficiary's ability to learn and utilize life skills.

a) Limitation of Services:

Skills training and development is billed in 15-minute units with a limit of 32 units per day. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

Services are provided by qualified clinical professionals and paraprofessionals within their scope of practice as listed in the Staff Qualifications chart.

**E. Psychological Testing and Reporting (PTR)**

The purpose of the service is to evaluate the beneficiary's intellectual, emotional, and behavioral status. Testing may include measures of intellectual and cognitive abilities, neuropsychological status, attitudes, emotions, motivations, and personality characteristics, as well as the use of other non-experimental methods of evaluation. The professional provides the administering of the test and technical aspects of the test. This service is rendered face-to-face with the Medicaid-eligible beneficiary.

a) Limitation of Services:

PTR is billed as an encounter with a range of 60 minutes with a limit of 10 units billed a week. Twenty (20) units can be billed in a year. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

PTR must be provided by a Licensed Psychologist operating within their scope of practice, as allowed by state law, and who is specifically trained to render and summarize the assessment tool and make a clinically appropriate referral. (See pages 6c.20-6c.26).

**F. Alcohol and Drug Assessment Nursing Services (ADN)**

Delivery of this service involves a face-to-face interaction between a qualified health care professional and the beneficiary to assess the beneficiary's status, and to provide a diagnostic evaluation and screening as a mechanism to provide referral for substance abuse treatment services. This service may also include monitoring medical treatment, medication and provide a physical assessment of the beneficiary to determine the level of substance use dependency and/or the readiness for treatment. This assessment may also be used as a component of the process to establish medical necessity for the provision of substance abuse treatment services. The state's claims processing system does not allow duplication of payment for the services under Rehabilitative Services and Physician Services, if furnished on the same day.

a) Limitation of Services:

ADN is billed in 15-minute units with a limit of 22 units per 12 months. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

ADN must be provided by Physicians, Physician Assistants (PA), and Advanced Practical Registered Nurse (APRN), Licensed Practical Nurse, or Registered Nurse Practitioners operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).

**G. Evaluation and Management of Medical Services (E&M)**

The purpose of the service is to allow a health care professional to provide a medical assessment of the beneficiary and make decisions for treatment and/or referral for services. The service is delivered face to face, which includes time spent performing an examination to obtain the beneficiary's medical history. The state's claims processing system does not allow duplication of payment for the services under Rehabilitative Services and Physician Services, if furnished on the same day.

a) Limitation of Services:

E & M services are billed as an encounter with a range of 15 and 30 minutes with a limit of one encounter per day. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing services:

E & M services are provided by Physicians, Physician Assistants (PA), or Advanced Practice Registered Nurses (APRN) operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).

**H. Medication Administration (MA)**

The purpose of this service is to allow a health care professional to administer an injection to the beneficiary. The medical record must substantiate the medical necessity for this treatment. The state's claims processing system does not allow duplication of payment for the services under Rehabilitative Services and Physician Services, if furnished on the same day.

a) Limitation of Services:

MA is billed as an encounter and is billed with the injectable medication code once a month. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.

b) Staff Providing Services:

MA must be provided by Physicians, Physician Assistants (PA), Advanced Practice Registered Nurses (APRN), Licensed Practical Nurses, or Licensed Registered Nurses operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).

**I. Vivitrol Injection (VI)**

This code is the specific Injectable Medication, provided by a qualified health care professional with a medical prescription. The purpose of this monthly treatment is to restore, or improve a beneficiary's behavior or substance use disorder and to decrease the craving for alcohol use. Physician Services does not reimburse for the drug Vivitrol, therefore it will not be a duplication of payment.



- a) Limitation of Services:  
VI is billed as an encounter with a limit of one encounter per month. There may be clinical exceptions to the service limits when the number of units or encounters allowed may not be sufficient to meet the complex and intensive needs of a beneficiary. On these occasions, requests for frequencies beyond the service limits may be submitted directly to the South Carolina Department of Health and Human Services (SCDHHS) for approval.
- b) Staff Providing Services:  
VI must be provided by Physicians, Physician Assistants (PA), Advanced Practice Registered Nurses (APRN), Licensed Practical Nurses, or Licensed Registered Nurses operating within their scope of practice, as allowed by state law. (See pages 6c.20-6c.26).

## **2. Substance Abuse Outpatient Treatment Program**

- **General Criteria**  
Treatment includes an array of services delivered in a community-based setting consistent with the beneficiary's treatment needs. The treatment must be rehabilitative and recovery focused and designed to promote coping skills to manage substance abuse symptoms and behaviors. The duration of treatment varies with the severity of the beneficiary's illness and response to treatment. The frequency and intensity of the services must reflect the needs of the beneficiary and must address the objectives of the beneficiary's plan of care.
- **General Medical Necessity Criteria**  
All Medicaid beneficiaries eligible for these services must have a diagnosis of a substance use disorder, and/or co-occurring substance use and mental health disorders. Each level of treatment must follow the ASAM-PPC-2R criteria for services. Beneficiaries will meet medical necessity for this service.
- **General Covered Services**  
Services are delivered on an individual or group basis. Each program has a list of specific program components that provide an array of substance use, or co-occurring substance use and mental health discrete services. One or more of these services must be provided before starting a program to identify needed services: Diagnostic Assessments, Psychological Assessment, Alcohol and Drug Assessment, Alcohol and Drug Screening, or Alcohol and Drug Assessment Nursing.  
When the beneficiary meets the medical necessity criteria for services, an Individual Plan of Care is developed to identify the beneficiary's treatment goals. If medical necessity is met, all applicable rehabilitative services that the beneficiary is determined to need, are provided.

Individual components of the services include counseling, focused therapeutic interventions, emotional and behavioral management, problem solving, social and interpersonal skills, and daily and independent living skills in order to improve functional stability to adapt to community living.

**A. Alcohol and/or Drug Services - Intensive Outpatient Treatment Program (IOP): Level II.1**

IOP services are provided in the community to beneficiaries who are in need of more than discrete outpatient treatment services or as an alternative to residential treatment. The appropriate level of care takes into consideration the beneficiary's cognitive and emotional experiences that have contributed to substance abuse or dependency. IOP allows the beneficiary opportunities to practice new coping skills and strategies learned in treatment, while still within a supportive treatment relationship and environment.

- a) The treatment program is comprised of the following services:  
Individual, Family, Group, Multiple-Family Group Psychotherapy, AOD/Substance Abuse Counseling, Peer Support Services, PRS, Family Support, Medication Management are included within the program.
- b) Limitation of Services:  
IOP provides 9 to 19 hours of programming per week based on the beneficiary's Individual Plan of Care. The 19 hours can be exceeded via transfer to another level of service when services provided at this level have been insufficient to address the beneficiary's needs, and the beneficiary meets the ASAM criteria for another level of service. The program is billed as an hourly inclusive rate. The service rate includes reimbursement for assessment, counseling, crisis intervention, medication management, and therapies.
- c) Staff Providing Services:  
IOP is provided by qualified clinical professionals and paraprofessionals within their scope of practice as listed in the Staff Qualifications chart (See pages 6c.20-6c.26).

**B. Alcohol and/or Drug Treatment - Day Treatment/Partial Hospitalization: Level II.5**

The treatment program is a structured and supervised intense treatment program that provides frequent monitoring/management of the beneficiary's medical and emotional concerns in order to avoid hospitalization. The program has access to psychiatric, medical, and laboratory services. Intensive services at this level of care provide additional clinical support in a community setting.

- a) The treatment program is comprised of the following services:  
Individual, Family, Group, Multiple-Family Group Psychotherapy, AOD/Substance Abuse Counseling, Peer Support Services, PRS, Family Support, and Medication Management are included within the program.
- b) Limitation of Services:  
Day Treatment/Partial Hospitalization provides a minimum of 20 hours of programming per week based on the beneficiary's Individual Plan of Care. The program is billed as an hourly inclusive rate. Transfer to a another level of service may be warranted when services provided at this level have been insufficient to address the beneficiary's needs, and the beneficiary meets the ASAM criteria for another level of service. The service rate includes reimbursement for assessment, counseling, crisis intervention, medication management, and therapies.

- c) Staff Providing Services:  
Day Treatment/Partial Hospitalization is provided by qualified clinical professionals and paraprofessionals within their scope of practice as listed in the Staff Qualifications chart. (See pages 6c.20-6c.26)

### **3. RESIDENTIAL SUBSTANCE ABUSE TREATMENT**

- **General Criteria**

Residential Substance Abuse Treatment Services include an array of services consistent with the beneficiary's assessed treatment needs, with a rehabilitative and recovery focus designed to promote coping skills and manage substance abuse symptoms and behaviors in a residential setting. Services include physician monitoring, nursing care, and observation as needed, based on clinical judgment. Services are delivered in a residential setting with 16 beds or less.

- **General Medical Necessity Criteria**

All Medicaid beneficiaries eligible for these services must have a diagnosis of a substance use disorder, and/or co-occurring substance use and mental health disorders. Each level of treatment must follow the ASAM criteria for services. Beneficiaries will meet the medical necessity for this service. Transfer to a another level of service may be warranted when services provided at this level have been insufficient to address the beneficiary's needs, and the beneficiary meets the ASAM criteria for another level of service.

- **General Covered Services**

Each program has a list of specific program components that provide an array of discrete rehabilitative behavioral health services. One or more of these services must be provided before starting a program to identify needed services: Diagnostic Assessments, Psychological Assessment, Alcohol and Drug Assessment, Alcohol and Drug Screening, or Alcohol and Drug Assessment Nursing. When the beneficiary has qualified for services, an Individual Plan of Care is developed to identify the beneficiary's treatment goals. If medical necessity is met, all applicable rehabilitative behavioral health services may be provided.

Individual components of the services include counseling, focused therapeutic interventions, emotional and behavioral management, problem solving, social and interpersonal skills, and daily and independent living skills in order to improve functional stability to adapt to community living.

- **General Non-Covered Services**

Medicaid will not reimburse for the following:

- 1) room and board services, including custodial care;
- 2) educational, vocational and job training services;
- 3) habilitation services;
- 4) services to inmates in public institutions as defined in 42 CFR §435.1010;
- 5) services to individuals residing in institutions for mental diseases as described in 42 CFR§435.1010;
- 6) recreational and social activities; and
- 7) services that must be covered elsewhere in the state Medicaid plan.

**A. Alcohol and/or Drug Sub-Acute Detox - Clinically Managed  
Residential Detoxification - Level III.2-D**

The treatment program relies on established clinical protocols and 24-hour medical supervision for beneficiaries who are intoxicated or experiencing withdrawal. The Registered Nurse or Licensed Practical Nurse staff will administer the Clinical Institute Withdrawal Assessment of Alcohol Assessment (CIWA-Ar) for intoxicated beneficiaries and medical supervision for the management of substance use or alcohol withdrawal. The program also provides emergency medical services, laboratory work as needed and medication ordered by a Physician or an Advanced Practice Licensed Nurse. A physical examination is completed within 24 to 48 hours after admission.

- a) The Treatment program is comprised of the following services:  
Individual, Family, Group, Multiple-Family Group  
Psychotherapy, AOD/Substance Abuse Counseling, Peer Support Services, PRS, Family Support, and Medication Management are included within the program.
- b) Limitation of Services:  
Adult beneficiaries experiencing intoxication and/or withdrawal and symptoms sufficient to warrant 24-hour support. Treatment typically lasts 3-5 days, and duration of treatment varies with the severity of the beneficiary's illness and response to treatment. The 5 days can be exceeded by continued receipt of the service based on medical necessity, and/or transfer to a another level of service when services provided at this level have been insufficient to address the beneficiary's needs, and the beneficiary meets the ASAM criteria for another level of service. The program is billed at a per diem rate.
- c) Staff Providing Services:  
Services are provided by qualified medical and clinical professionals and paraprofessionals within their scope of practice as listed in the Staff Qualifications chart (See pages 6c.20-6c.26)

**B. Alcohol and/or Drug Acute Detox - Medically Monitored  
Residential Detoxification Services - Level III.7-D**

The treatment program consists of 24-hours of medical supervision and treatment, observation, laboratory screening, and medication orders as needed for beneficiaries who are intoxicated or experiencing withdrawal in a residential setting. The Registered Nurse or Licensed Practical Nurse will administer an initial alcohol and drug assessment. At this level of care, a physician is available 24 hours per day and is available to assess the beneficiary within 24 hours of admission (or sooner, if medically necessary). The physician must be available to provide onsite monitoring of care and further evaluation on a daily basis. Primary emphasis is placed on ensuring that the beneficiary is medically stable (including the initiation and tapering of medications used for the treatment of substance use withdrawal); assessing for adequate bio-psychosocial stability; intervening immediately to establish bio-psychosocial stability; and facilitating effective linkage to other appropriate residential and outpatient services.

- a) The treatment program is comprised of the following services:  
AOD Assessment Nursing Services, Individual, Family, Group, Multiple-Family Group Psychotherapy, AOD/Substance Abuse Counseling, Peer Support Services, PRS, Family Support, and Medication Management are included within the program.

- b) Limitation of Services:  
Adult beneficiaries. Treatment typically lasts 3-5 days, and duration of treatment varies with the severity of the beneficiary's illness and response to treatment. The 5 days may be exceeded by continued receipt of the service based on medical necessity, and/or transfer to a another level of service when services provided at this level have been insufficient to address the beneficiary's needs, and the beneficiary meets the ASAM criteria for another level of service. The program is billed at a per diem rate.

The following guidelines are used to determine length of stay:

- Withdrawal signs and symptoms are sufficiently resolved to be safely managed at a less intensive level of care, or
  - Withdrawal signs and symptoms have failed to respond to treatment and have intensified.
- c) Staff Providing Services:  
Services are provided by qualified medical clinical professionals and paraprofessionals within their scope of practice as listed in the Staff Qualifications section. (See pages 6c.20-6c.26)

**C. Behavioral Health Long Term Residential Treatment Program - Clinically Managed High-Intensity Residential Treatment: Level III.5-R**

The treatment program is designed to promote abstinence from substances and antisocial behavior and to effect an overall change in the lifestyle, attitude and values of persons who have significant social and psychological problems. This service provides comprehensive, multi-faceted treatment to beneficiaries who have multiple deficits and psychological problems (including serious and persistent mental disorders) in a residential setting. The Registered Nurse and Licensed Practical Nurse provides 24-hour observation, monitoring and treatment. The program provides laboratory work as needed, physical examination within 24 hours after admission or sooner, and medication orders by a Physician or an Advanced Practice Registered Nurse. Priority admission is provided to pregnant women, whose stay may be longer due to complications of substance use disorder or co-occurring mental health disorder.

- a) The treatment program provides the following services:  
AOD Assessment Nursing Services, Individual, Family, Group, Multiple-Family Group Psychotherapy, AOD/Substance Abuse Counseling, Peer Support Services, PRS, Family Support, and Medication Management are included in the program.

b) Limitation of Services:

Adult beneficiaries. The treatment program provides a minimum of five hours of clinical services a day. The program is billed at a per diem rate. The average length of stay is three months. Transfer to a another level of service may be warranted when services provided at this level have been insufficient to address the beneficiary's needs, and the beneficiary meets the ASAM criteria for another level of service.

c) Staff Providing Services:

Services are provided by qualified medical and clinical professionals and paraprofessionals within their scope of practice as listed in the Staff Qualifications section (See pages 6c.20-6c.26)

**D. Behavioral Health Short Term Residential Treatment Program - Medically Monitored Intensive Residential Treatment: Level III.7-R**

The treatment program provides a planned regimen of professionally directed services that are appropriate for beneficiaries whose sub-acute, biomedical and emotional, behavioral or cognitive problems are so severe that residential care is required. The beneficiaries of this service have functional deficits affecting the ability to manage intoxication/withdrawal, bio-medical symptoms and/or emotional instability, medical, behavioral or cognitive conditions that interfere with or distract from recovery efforts. The program also provides 24-hour medical observation, monitoring, and treatment, emergency medical services, laboratory work, medication order by a Physician or an Advanced Practice Registered Nurse, physical examination within 24 hours after admission and provide face-to-face evaluations at least once a week. A Registered nurse or Licensed Practical Nurse will be responsible for overseeing the monitoring of the beneficiary's progress and medication administration.

a) The treatment program comprises the following services:

Individual, Family, Group, Multiple-Family Psychotherapy, AOD/Substance Abuse Counseling, Peer Support Services, PRS, Family Support, and Medication Management are included within the program.

b) Limitation of Services:

The duration of treatment varies with the severity of the beneficiary's illness, and response to treatment. The treatment program provides a minimum of five hours of clinical services a day. The average length of stay is 30 days. The program is billed at a per diem rate. Transfer to a another level of service may be warranted when services provided at this level have been insufficient to address the beneficiary's needs, and the beneficiary meets the ASAM criteria for another level. The beneficiary must be discharged from Level III.7. R by the physician or reviewed by the physician before the beneficiary is transferred to a lesser level of care within the same treatment system.

c) Staff Providing Services:

Services are provided by qualified medical and clinical professionals and paraprofessionals within their scope of practice as listed in the Staff Qualifications section. (See pages 6c.20-6c.26)

**E. Behavioral Health Short Term Residential Treatment Program-Medically Monitored High-Intensity Residential Treatment Services: - Level III.7-RA**

The treatment program is designed to provide a regimen of 24 hour medical monitoring, addiction treatment, and evaluations in a residential setting. The program functions under a defined set of policies, procedures and clinical protocols and are appropriate for children and adolescent beneficiaries up to age 21, whose sub-acute biomedical and emotional, behavioral or cognitive problems are so severe that they require residential treatment. The program also provides 24-hour medical observation, monitoring, and treatment, laboratory screening, medication order by a qualified health care professional, physical examination within 24 hours after admission and provide face-to-face evaluations at least once a week. A registered nurse is responsible for monitoring of the beneficiary's progress and medication administration.

a) The Treatment program comprises the following services:

AOD Assessment Nursing Services, Individual, Family, Group, Multiple-Family Psychotherapy, AOD/Substance Abuse Counseling, Peer Support Services, PRS, Family Support, and Medication Management are included in the program.

b) Limitation of Services:

The treatment program can provide at a minimum of five hours of clinical services a day. The average length of treatment may last up to six months. The program is billed at a per diem rate. Transfer to a another level of service may be warranted when services provided at this level have been insufficient to address the beneficiary's needs, and the beneficiary meets the ASAM criteria for another level. The beneficiary may be admitted directly to Level III.7.RA or transferred from a less intensive level of care as symptoms become more severe; or the beneficiary may be transferred from a Level IV program when that level of intensity is no longer required.

c) Staff Providing Services:

Services are provided by qualified medical and clinical professionals and paraprofessionals within their scope of practice as listed in the Staff Qualifications section (see pages 6c.20-6c.26)

Staff Qualifications

Providers of service must fulfill the requirements for South Carolina licensure/certification and appropriate standards of conduct by means of evaluation, education, examination, and disciplinary action regarding the laws and standards of their profession as promulgated by the South Carolina Code of Laws and established and enforced by the South Carolina Department of Labor Licensing and Regulation. Professionals, who have received appropriate education, experience and have passed prerequisite examinations as required by the applicable state laws and licensing/certification board and additional requirements as may be further established by DHHS, may be qualified to provide mental health and/or substance use disorder services. The presence of licensure/certification means the established licensing board in accordance with SC Code of Laws has granted the authorization to practice in the state. Licensed professionals must maintain a current license and/or certification from the appropriate authority to practice in the State of South Carolina and must be operating within their scope of practice.

The following professionals possessing the required education and experience are considered clinical professionals/paraprofessionals and may provide Medicaid mental health and/or substance use disorder services in accordance with SC State Law:



<b>PROFESSIONALS</b>					
Psychiatrist	Doctor of medicine or osteopathy and has completed a residency in psychiatry	Licensed by SC Board of Medical Examiners	<b>None required</b>	40-47-5 Et seq.	All Services, except PSS
Physician	Doctor of medicine or osteopathy	Licensed by SC Board of Medical Examiners	<b>None required</b>	40-47	All Services, except PSS, PT
Pharmacist	Doctor of Pharmacy degree from an accredited school, college, or department of pharmacy as determined by the Board, or has received the Foreign Pharmacy Graduate Equivalency Certification issued by the National Association of Boards of Pharmacy (NABP)	Licensed by SC Board of Pharmacy	<b>None required</b>	40-43-10 Et seq.	MM
Physician Assistant (PA)	Completion of an educational program for physician assistants approved by the Commission on Accredited Allied Health Education Programs	Licensed by SC Board of Medical Examiners	Physician with permanent SC license, physically present at least 75% of the time the PA is providing services.	40-47-905	All Services, except PSS, PT
Advanced Practice Registered Nurse (APRN)	Doctoral, post-nursing master's certificate, or a minimum of a master's degree that includes advanced education composed of didactic and supervised clinical practice in a specific area of advanced practice registered nursing	Licensed by SC Board of Nursing; must maintain national certification, as recognized by the board, in an advanced practice registered nursing specialty	A supervising physician who provides consultation and operates within approved written protocols	40-33-10 Et seq.	All Services, except PSS, PT
Psychologist	Doctoral degree in psychology	Licensed by SC Board of Psychology Examiners	<b>None required</b>	40-55-20 Et seq.	All Services except ADN, MM, PSS

Title of Professional	Level of Education/Degree/or Experience Required	License or Certification Required	Supervision	State or Licensure Law	Services Able to Provide
Licensed Psycho-Educational Specialist	Hold a Master's degree plus thirty hours or Master's degree or specialist degree that includes sixty hours or ninety quarter hours or a Doctoral degree in psychology. Complete 3 graduate classes in psychopathology (abnormal psychology, abnormal behavior and etiology dynamics). Complete 3 graduate classes diagnostic psychopathy and serve as a certified school psychologist for 2 years in a school and be certified by SCDE as a school psychologist level II or III. Must have a passing score (600 or above) on the ETS School Psychology exam (Praxis). Also must be licensed by the SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.	Licensed by SC Board of Examiners for Licensure or Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists	None Required	40-75-8 Et Seq.	ADA, ADS, BMod, BHS, CIS, CM, DA, FS, FP, GP, IP, MFGP, PTR, PRS, SPD, SAC, ST, TCC SUD Level of Treatment: II.I, II.5, III.2-D, III.7-D, III.5-R, III.7-R, III.7-RA

Attachment 3.1-A  
Limitation Supplement

Title of Professional	Level of Education/Degree/or Experience Required	License or Certification Required	Supervision	State or Licensure Law	Services Able to Provide
Licensed Independent Social Worker-Clinical Practice (LISW-CP)	Master's or Doctoral degree from a Board-approved social work program.	Licensed by SC Board of Social Work Examiners	<b>None Required</b>	40-63-5 Et seq.	ADA, ADS, BMod, BHS, CIS, CM, DA, FS, FP, GP, IP, MFGP, PTR, PRS, SPD, SAC, ST, TCC  SUD Level of Treatment : II.I, II.5, III.2-D, III.7-D, III.5-R, III.7-R, III.7-RA
Licensed Masters Social Worker (LMSW)	Master's or a doctoral degree from a social work program, accredited by the Council on Social Work Education and one year of experience working with the population to be served.	Licensed by SC Board of Social Work Examiners	<b>None Required</b>	40-63-5 ET Seq.	ADA, ADS, BMod, BHS, CIS, CM, DA, FS, FP, GP, IP, MFGP, PTR, PRS, SPD, SAC, ST, TCC  SUD Level of Treatment : II.I, II.5, III.2-D, III.7-D, III. 5-R, III. 7-R, III 7-RA

Title of Professional	Level of Education/Degree/or Experience Required	License or Certification Required	Supervision	State or Licensure Law	Services Able to Provide
Licensed Marriage and Family Therapist (LMFT)	A minimum of 48 graduate semester hours or 72 quarter hours in marriage and family therapy along with an earned master's degree, specialist's degree or doctoral degree. Each course must be a minimum of at least a 3 semester hour graduate level course with a minimum of 45 classroom hours of 4.5 quarter hours; one course cannot be used to satisfy two different categories.	Licensed by SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists	<b>None Required</b>	40-75-5 Et seq.	ADA, ADS, BMod, BHS, CIS, CM, DA, FS, FP, GP, IP, MFGP, PTR, PRS, SPD, SAC, ST, TCC  SUD Level of Treatment : II.I, II.5, III.2-D, III.7-D, III.5-R, III.7-R, III.7-RA
Licensed Professional Counselor (LPC)	A minimum of 48 graduate semester hours during a master's degree or higher degree program and have been awarded a graduate degree as provide in the regulations, or a post-degree program accredited by the commission on Accreditation for Marriage and Family Therapy Education or a regionally accredited institution of high learning subsequent to receiving the graduate degree.	Licensed by SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapist and Psycho-Educational Specialists	<b>None Required</b>	40-75-5 Et seq.	ADA, ADS, BMod, BHS, CIS, CM, DA, FS, FP, GP, IP, MFGP, PTR, PRS, SPD, SAC, ST, TCC  SUD Level of Treatment : II.I, II.5, III.2-D, III.7-D, III.5-R, III.7-R, III.7-RA

<b>Title of Professional</b>	<b>Level of Education/Degree/or Experience Required</b>	<b>License or Certification Required</b>	<b>Supervision</b>	<b>State or Licensure Law</b>	<b>Services Able to Provide</b>
Behavior Analyst	Must possess at least a Master's degree, have 225 classroom hours of specific graduate-level coursework, meet experience requirements, and pass the Behavior Analysis Certification Examination	Behavior Analyst Certification Board	<b>None Required</b>	N/A	ADA, ADS, BMod, BHS, CM, DA**, FS, FP*, GP*, IP*, MFGP*, PTR, TCC, CIS, PRS, SPD, SAC, ST, SUD Level of Treatment: II.I, II.5, III.2-D, III.7-D, III.5-R, III.7-R, III.7-RA
Certified Substance Abuse Professional	Master's degree in counseling, social work, family therapy, nursing, psychology, or other human services field, plus 250 hours of approved training related to the core functions and certification as an addictions specialist	SC Association of Alcoholism and Drug Abuse Counselors Certification Commission and/or NAADAC Association for Addiction Professionals	<b>None required</b>	40-75-300	ADA, ADS, BMod, BHS, CM, DA**, FS, FP*, GP*, IP*, MFGP*, PTR, TCC, CIS, PRS, SPD, SAC, ST, SUD Level of Treatment: II.I, II.5, III.2-D, III.7-D, III.5-R, III.7-R, III.7-RA
Clinical Chaplain	Master of Divinity from an accredited theological seminary and have two years of pastoral experience as a priest, minister, or rabbi and one year of clinical pastoral education that includes a provision for supervised clinical services and one year of experience working with the population to be served	Documentation of training and experience	<b>None required</b>	40-75-290	ADA, ADS, BMod, BHS, CM, DA**, FS, FP*, GP*, IP*, MFGP*, PTR, TCC, CIS, PRS, SPD, SAC, ST, SUD Level of Treatment: II.I, II.5, III.2-D, III.7-D, III.5-R, III.7-R, III.7-RA

Title of Professional	Level of Education/Degree/or Experience Required	License or Certification Required	Supervision	State or Licensure Law	Services Able to Provide
Mental Health Professional (MHP)	Master's or doctoral degree from a program that is primarily psychological in nature (e.g., counseling, guidance, or social science equivalent) from an accredited university or college and one year of experience working with the population to be served	DHHS-approved credentialing program	None required	40-75-290	ADA, ADS, BMod, BHS, CM, DA**, FS, FP*, GP*, IP*, MFGP*, PTR, TCC, CIS, PRS, SPD, SAC, ST, SUD Level of Treatment: II.1, II.5, III.2-D, III.7-D, III.5-R, III.7-R, III.7-RA
Substance Abuse Professional (SAP)	Bachelor's degree in a health or human services related field and certification as a certified addiction counselor or in the process of becoming SCAADAC credentialed or be certified by SCAADAC	SC Association of Alcoholism and Drug Abuse Counselors Certification Commission	Under the supervision of a master's level clinical professional or licensed practitioner of the healing arts (LPHA)	40-75-300	ADA, ADS, BMod, BHS, CM, FS, TCC, CIS, PRS, SAC, ST,
Licensed Bachelor of Social Work (LBSW)	Bachelor's degree in social work. Baccalaureate social work is practiced only in organized settings such as social, medical, or governmental agencies and may not be practiced independently or privately.)	Licensed by SC Board of Social Work Examiners	Under the supervision of a master's level clinical professional or licensed practitioner of the healing arts (LPHA)	40-63-5 Et seq.	ADA, ADS, BMod, BHS, CM, FS, TCC, CIS, PRS, SAC, ST, SPD
Behavior Analyst	A board certified associate behavior analyst must have at least a bachelor's degree, have 135 classroom hours of specific coursework, meet experience requirements, and pass the Associate Behavior Analyst Certification Examination.	Behavior Analyst Certification Board	Under the supervision of a master's level clinical professional or licensed practitioner of the healing arts (LPHA)	N/A	ADA, ADS, BMod, BHS, CM, FS, TCC, CIS, PRS, SAC, ST,
Licensed Registered Nurse (RN)	At a minimum, an associate's degree in nursing from a Board-approved nursing education program and one year of experience working with the population to be served	Licensed by SC Board of Nursing	Under the supervision of an APRN or licensed physician.	40-33-10 Et seq.	ADA, ADN, BMod, FS, MM, TCC, CIS, PRS, MA, ST,

Title of Professional	Level of Education/Degree/or Experience Required	License or Certification Required	Supervision	State or Licensure Law	Services Able to Provide
Licensed Practical Nurse (LPN)	Completion of an accredited program of nursing approved by the Board of Nursing and one year of experience working with the population to be served High school diploma or GED equivalent.	Licensed by SC Board of Nursing	Under the supervision of an APRN, RN, licensed physician, or other practitioner authorized by law to supervise LPN practice.	40-33-10 Et seq.	ADS, ADN BMod, FS, MM, TCC, CIS, PRS, MA, ST
<b>PARAPROFESSIONALS</b>					
Child Service Professional	Bachelor's degree from an accredited university or college in psychology, social work, early childhood education, child development or a related field or bachelor's degree in another field and has a minimum of 45 documented training hours related to child development and children's mental health issues and treatment.	None Required	Under the supervision of a master's level clinical professional or licensed practitioner of the healing arts (LPHA)	N/A	B-Mod, BHS, CM, FS, TCC, CIS, PRS, SAC, ST, ADA, ADS, (Assist with developing the SPD)
Mental Health Specialist	At a minimum, a high school diploma or GED equivalent and have three years of documented direct care experience working with the identified target population or completion of an approved 30 hour training and certification program	DHHS-approved Certification program	Under the supervision of a master's level clinical professional or licensed practitioner of the healing arts (LPHA)	N/A	PRS, BMod, FS, ST, TFC
Substance Abuse Specialist	At a minimum, a high school diploma or GED equivalent and have three years of documented direct care experience working with the identified target population or completion of an approved training and certification program	DHHS-approved Certification program	Under the supervision of a master's level clinical professional or licensed practitioner of the healing arts (LPHA)	N/A	PRS, BMod, FS, ST

Title of Professional	Level of Education/Degree/or Experience Required	License or Certification Required	Supervision	State or Licensure Law	Services Able to Provide
Peer Support Specialist	High school diploma or GED equivalent peer support providers must successfully complete a pre-certification program that consists of 40 hours of training. The curriculum must include the following topics: recovery goal setting; wellness recovery plans, problem solving; person centered services; and advocacy. Additionally, peer support providers must complete a minimum of 20 hours of continuing education training annually, of which at least 12 hours must be face-to-face training.	Certification as a Peer Support Specialist	Under the supervision of a master's level clinical professional or licensed practitioner of the healing arts (LPHA)	N/A	PSS
<b>PARAPROFESSIONALS</b>					
Child Service Professional	Bachelor's degree from an accredited university or college in psychology, social work, early childhood education, child development or a related field or bachelor's degree in another field and has a minimum of 45 documented training hours related to child development and children's mental health issues and treatment	None required	Under the supervision of a master's level clinical professional or licensed practitioner of the healing arts (LPHA)	N/A	B-Mod, BHS, CM, FS, TCC, PRS, Sac, ST, ADA, ADS (Assist with developing the SPD)

\*Private Service Providers (non-governmental) who are not licensed at the independent level must have a current supervision contract approved by their respective state licensing board.

\*\*Private Service Providers must be licensed at the independent level in order to conduct a diagnostic assessment

#### Supervision Requirements

Rehabilitative behavioral health services provided by licensed/certified professionals must follow supervision requirements as required by SC State Law for each respective profession. Rehabilitative behavioral health services provided by any para-professionals must be supervised by a master's level clinical professional or licensed practitioner of the healing arts (LPHA). Any Master's level clinical professional performing a service that requires a masters degree, not licensed at the independent level must be supervised by an LPHA licensed at the independent level. Substance Abuse Professionals who are in the process of becoming credentialed must be supervised by a Certified Substance Abuse Professional or LPHA. The following licensed professionals are considered a LPHA: psychiatrist, physician, psychologist, physician's assistant, advanced practice registered nurse, registered nurse with a Master's degree in psychiatric nursing, licensed independent social worker - clinical practice, licensed master social worker, licensed marriage and family therapist, licensed psycho-educational specialist and licensed professional counselor.



Sub stance Abuse Out patient Treatment Services	Service	Abbr.	Service	Abbr.	Service	Abbr.
	Alcohol and Drug Assessment	ADA	Family Psychotherapy	FP	Peer Support Service	PSS
	Alcohol and Drug Assessment Nursing	ADN	Group Psychotherapy	GP	Psychosocial Rehabilitative Service	PRS
	Alcohol and Drug Screening	ADS	Vivitrol Injection	VI	Psychological Testing and Evaluation	PT
	Behavior Modification	B-Mod	Individual Psychotherapy	IP	Psychological Testing & Reporting	PTR
	Behavioral Health Screening	BHS	Medication Administration	MA	Service Plan Development	SPD
	Crisis Management	CM	Multiple-Family Group Psychotherapy	MFGP	Substance Abuse Counseling	SAC
	Psychiatric Diagnostic Assessment	DA	Medication Management	MM	Skills Training and Development	ST
	Family Support	FS	Therapeutic Foster Care	TFC		

  

Name of Treatment Service	Level of Service
Alcohol and/or Drug Services Intensive Outpatient Treatment	Level II.I
Alcohol and/or Drug Treatment Day Treatment/Partial Hospitalization	Level II.5

#### Substance Abuse Residential Treatment Services

Name of Treatment Service	Level of Service
Alcohol and/or Drug Services-Sub-acute Detox Residential-Clinically Managed Residential Detoxification	Level III.2-D
Alcohol and/or Drug Services-Acute Detox Residential-Medical Monitored Residential Detoxification	Level III.7-D
Behavioral Health-Long Term Residential Treatment Program-Clinically Managed High-Intensity Residential Treatment	Level III.5.R
Behavioral Health-Short Term Residential Treatment Program-Medically Monitored Intensity Residential Treatment	Level III.7-R
Behavioral Health-Short Term Residential Treatment Program-Medically Monitored High-Intensity Treatment	Level III.7-RA

#### REHABILITATIVE SERVICE FOR PRIMARY CARE ENHANCEMENT

- A. Definition of Service - Rehabilitative Services for Primary Care Enhancement (RSPCE) are face-to-face counseling and health management interventions provided to reduce physical or psycho-social deterioration of a diagnosed medical condition and to restore an individual to his or her best possible functional level. A primary care physician (PCP) or other appropriate practitioner (i.e., nurse practitioner, physician assistant) must approve the plan of care. RSPCE are indicated if the beneficiary:
- Fails to attain an optimal level of health within the primary care delivery continuum
  - Enters into the primary health care continuum with an advance degree of disease/condition as evident by clinical evaluation and documentation

- Demonstrates a pattern of noncompliance with the PCP plan of care
- Needs effective individualized self-management instruction to prevent further progress of a diagnosed disease/illness/condition.

Covered RSPCE must either be: (1) required for the implementation of a medical plan of care by a primary care provider and other appropriate practitioners, or (2) medically necessary services identified in the RSPCE medical plan of care which are not duplicated or otherwise covered under the State Plan.

- B. The services components are assessment and medical plan of care. If recommended by a primary care provider, the RSPCE provider may perform follow-up medical information and monitoring services.

- RSPCE Assessment/Evaluation and Medical Plan of Care - Assessments must include the health status, the individual's needs, knowledge level, and identify the relevant health risk factors which interfere with the individual's ability to maintain optimal health. The assessment will determine the individual's immediate and long-term needs or if the individual should be referred for other treatment.

The RSPCE medical plan of care must be designed to promote changes in behavior, improve health status, and develop healthier practices to restore and maintain the individual at the highest possible functioning level. The Plan of Care must be a goal-oriented plan of care (in conjunction with the physician and individual) that addresses needs identified in the assessment/evaluation and which specifies the service(s) necessary to restore the patient to an optimal state of health.

- Follow-up Medical Counseling/Monitoring Services - RSPCE include the provision of risk-specific, goal-oriented, structured interventions in group or individual sessions that address the identified medical problems in the plan of care. Medical instruction includes evidence-based approaches that target the specific factors limiting improvement of the individual's health status. RSPCE may include counseling to build client and care giver self-sufficiency through structured, goal-oriented individual sessions. Group sessions that allow direct one-to-one interaction between the counselor and the individual recipient may also be used to provide some components of this service.
- Services assess patient response to the plan of care and structured interventions. Services include reassessment of the interventions to determine their effectiveness. Activities also include evaluating resources to transition individuals into other health-related medical systems. The RSPCE provider must communicate patient progress and discharge instructions to the primary care provider.

RSPCE assessments are limited to two (2) hours per year and individual and/or group services are limited to sixteen (16) hours per year. RSPCE may be provided in the patient's home, in a clinic, or in other appropriate setting. Services may not be provided while an individual is residing in an inpatient hospital or other institutional setting such as a nursing care facility or residential care facility.

- C. Qualifications of Providers - Health Organizations contract to provide services. The contracted organizations must have experience providing rehabilitative services for diagnosed disease/illness/conditions, have evidence-based information, and have staff that includes credentialed direct providers of service. Direct providers of RSPCE are physicians, other licensed practitioners of the healing arts (e.g., nurses, dietitians, social workers) acting within the scope of their practice under State law, and Certified Health Educators. Licensed professional staff members supervise unlicensed health paraprofessionals (with documented special training or certification) who furnish services which are within the scope of practice of the licensed professional.
- D. Special Conditions - In order to be covered as RSPCE, services must: (1) be included in the RSPCE medical plan of care; (2) address rehabilitation of a medical condition; (3) be recommended by a primary care physician or other licensed practitioner of the healing arts; (4) involve direct patient contact; and, (5) be medically-oriented.

SC 13-007

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SUPERSEDES: SC 13-004

- 14.a Inpatient Hospital Services for Individuals Age 65 or Older in Institutions for Mental Disease (a) Must meet utilization control criteria for admission. (b) Must meet standards for certification of need.

The agency assures that all requirements of 42 CFR Part 441, Subpart C are met, including the requirement for an individual plan for each patient that assures that the institutional care provided is in the patient's best interest, includes initial and periodic review of the patient's medical and other needs, provides appropriate medical treatment, and periodically determines whether the patient continues to need treatment in the institution.

- 14.b Skilled Nursing Facility Services for Individuals Age 65 or Older in Institutions for Mental Disease (a) Must meet utilization control criteria for admission. (b) Must meet standards for certification of need.

Basic services and items furnished in an IMD facility that are included in the per diem rate and must not be charged to the patient include the following:

- A. Nursing Services - Include all nursing services to meet the total needs of the resident, the administration of treatments and medications as ordered by the physician, assistance with mobility (walking or wheelchair), and routine nursing supplies. Nursing supplies include, but are not limited to such items as syringes, air mattress, I.V. supplies, adhesive tape, canes, ice bags,

crutches, glycerine, mouth swabs, water pitchers, bed pans, thermometers, and urinals.

- B. Special Services - Including assistance by the facility social worker, participation in planned activities, physical therapy, speech therapy, occupational therapy and inhalation therapy.
- C. Personal Services - Services for the comfort of the resident which include assistance with eating, dressing, toilet functions, baths, brushing teeth, washing and combing hair, shaving and other services necessary to maintain a clean, well kept personal appearance. Includes assistance with walking and wheelchair use when necessary. Diapers and under pads are provided as needed.
- D. Room and Board - Includes a semi-private or ward accommodations, all meals including special diets and snacks ordered by the physician. Includes feeding residents if unable to feed themselves and tube feedings. Housekeeping services and bed and bath linens are included.
- E. Safety and Treatment Equipment - Including, but not limited to the following items: standard wheelchairs, infusion equipment, bedside commode, side rails, restraint chairs (Geri-chairs), suction apparatus, walkers, crutches, canes and other equipment that is generally used by multiple residents and does not become the property of the individual resident.
- F. Medications - Over-the-counter (OTC) non-legend medications are included (except for insulin).
- G. Medical Supplies and Oxygen - The following items are included, however, the included items are not limited to this list: oxygen, supplies used for inhalation therapy, catheters and related supplies, dressings, disposable enema equipment or other irrigation supplies, I.V. solutions, disposable instrument trays, levine tubes, and other supplies ordered by a physician or necessary to meet the needs of the resident because of the resident's medical condition.

15. INTERMEDIATE CARE FACILITY FOR MENTAL RETARDATION SERVICES. Prior approval for admission (or upon request for payment) is required. The Department of Mental Retardation is delegated the responsibility for level of care determination and prior approval for admission.

Basic services and items furnished in an ICF/MR facility that are included in the per diem rate and must not be charged to the resident include the following:

- A. Nursing Services - Includes all nursing services to meet the total needs of the resident, the administration of treatments and medications as ordered by the physician, assistance with mobility (walking or wheelchair), and routine nursing supplies. Nursing supplies include, but are not limited to such items as syringes, air mattresses, I.V. supplies, adhesive tape, canes, ice bags, crutches, glycerine, mouth swabs, water pitchers, bed pans, thermometers and urinals.
- B. Special Services - Including assistance by the facility social workers, participation in planned activities and therapeutic recreation, dental services, psychological services, physical therapy, speech therapy and hearing services, occupational therapy and inhalation therapy.
- C. Personal Services - Training and assistance with eating, dressing, toilet functions, baths, brushing teeth, washing and combing hair, shaving and other services necessary to maintain a clean, well kept personal appearance. Includes assistance with walking and wheelchair use when necessary. Diapers and underpads are provided as needed.
- D. Room and Board - Includes a semiprivate or ward accommodations, all meals including special diets and snacks ordered by the physician. Includes feeding residents if unable to feed themselves and tube feedings. Housekeeping services and bed and bath linens are included.
- E. Safety and Treatment Equipment - Including, but not limited to the following items: standard wheelchairs, infusion equipment, bedside commode, side rails, restraint chairs (Geri-chairs), suction apparatus, walkers, crutches, canes and other equipment that is generally used by multiple residents and does not become the property of the individual resident. Also included are eyeglasses, hearing aids and other prosthetic or adaptive equipment as needed. Maintenance in good repair of dentures, eyeglasses, hearing aids, braces and other aids prescribed by appropriate specialists.
- F. Medications - Over-the-counter (OTC) non-legend medications are included (except for insulin).

- G. Medical Supplies and Oxygen - The following items are included, however, the included items are not limited to this list: oxygen, supplies used for the inhalation therapy, catheters and related supplies, dressings, disposable enema equipment or other irrigation supplies, I.V. solutions, disposable instrument trays, levine tubes, and other supplies ordered by a physician or necessary to meet the needs of the resident because of the resident's medical condition.
- H. Transportation services are required to provide other services, including vehicles with lifts or adaptive equipment as needed.
- 16.a Inpatient Psychiatric Facility Services: All admissions will be prior approved by the Medicaid agency or its representative based on medical necessity criteria.
- 16.b Psychiatric Residential Treatment Facility Services: All admissions will be prior approved by the Medicaid agency or its representative based on medical necessity criteria.
17. Nurse Midwife Services - Nurse midwives are authorized to perform services within their scope of practice authorized by State law and as documented in protocol between the nurse midwife and their physician preceptor. This protocol must be submitted to DHHS as part of the enrollment process. These services are not restricted to the maternity cycle.
18. Hospice Services - Benefit periods will be structured to coincide with those specified for the Medicare Hospice program.

Within two days of the beginning of each benefit period, the Medical Director must certify that the individual's prognosis is that his or her life expectancy is six months or less if the illness runs its normal course.

Services provided by certain Medicaid providers for care not related to the terminal illness must be prior approved by the hospice provider. The Medicaid provider will contact the hospice provider to obtain authorization that the service does not relate to the terminal illness and a prior authorization number to be included on that provider's claim form. The hospice prior authorization number on the claim certifies that the services provided are not related to the terminal illness or are not included in the hospice plan of care and will be reimbursed through other Medicaid benefits. If the authorization number is not included on the claim form, it will be rejected and returned to the provider. Services that require prior authorization are:

Hospital, Pharmacy, Audiology, Psychologist Services, Speech Therapy, Occupational Therapy, Ambulatory Surgery Clinics, Medical Rehabilitation Services, School Based services, Physical Therapy, Private Duty Nursing, Podiatry, Health Clinics, County Health Departments, Home Health, Home and Community Based Services, Durable Medical Equipment, and Mental Health, Drug, Alcohol and Substance Abuse Services.

The Hospice Agency will bill Medicaid for the room and board provided to Medicaid beneficiaries who elect hospice and who continue to reside in nursing facilities or intermediate care facilities for the mentally retarded. Upon receipt of the Medicaid reimbursement, the Hospice providers will forward the reimbursement to the facility in which the Medicaid beneficiary resides.

SC: 05-007  
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SUPERSEDES: MA 98-003

PLEASE NOTE: ATTACHMENT 3.1-A LIMITATION SUPPLEMENT PAGES 7b THROUGH 8z.1 WERE REMOVED FROM THE STATE PLAN UPON THE APPROVAL OF THE TARGETED CASE MANAGEMENT (TCM) SPAS 12-001 THROUGH 12-009 ON MAY 21, 2018. THESE PAGES WERE REMOVED BECAUSE THEY ARE DUPLICATIVE OF THE NEW TCM TEMPLATES PLACED IN SUPPLEMENT 1 to ATTACHMENT 3.1-A. THEREFORE, THE NUMBERS WILL GO FROM 7A TO 8z.2.

19.b **Tuberculosis (TB) related services under section 1902(z)(2)(A) - (D) and (F) of the Act**

TB related services are available for persons identified as having active TB disease, or who have been exposed to TB. Recipients who are identified with TB disease or TB infection who are in other eligibility category and those who qualify for TB Only Related Services will be covered. TB-related services listed in section 1902(z)(2)(A)-(D) are furnished to the same extent as these services are available to other categorically needy individuals when the service is related to the diagnosis, treatment or management of the eligible individual's TB.

**Services include:**

- Prescribed drugs;
- Physician services and services related to TB including outpatient hospital services, public health clinics, rural health clinic services, and federally qualified health center services;
- Laboratory and X-ray services (including those to confirm the presence of infection or disease);

**Directly Observed Therapy (DOT)** DOT services are covered where patients are observed to ingest each dose of anti-tuberculosis medications, to maximize the likelihood of completion of therapy. DOT services includes medication monitoring.

**Non-Covered Services**

- This plan does not cover hospital stays or room and board.

**Providers Eligible to Bill for this Service**

The South Carolina Department of Health and Environmental Control (SCDHEC) is the single state agency that is responsible to protect the citizens by treating both TB and latent TB, identifying and testing individuals exposed to TB, and screening and testing persons who might have a high risk of getting the disease.

SCDHEC clinic providers and all Medicaid enrolled providers with prescriptive authority are responsible for prescribing an appropriate medication regimen and also for ensuring successful completion of established SCDHEC TB protocols.

To be eligible to bill for TB services a provider shall:

- a. meet South Carolina Medicaid qualifications for participation;
- b. be currently Medicaid - enrolled; and
- c. bill only for procedures and services that are within the scope of their clinical practice, as defined by S. C. Labor Licensing and Regulation.

The following providers in a health department setting are eligible to perform this service:

- a. Physicians
- b. Nurse practitioners
- c. Physician assistants
- d. Public Health Nurses (A public Health Nurse is a Registered Nurse or Nurse Practitioner that is working under the approved protocol of a Public Health Physician)



20.a Extended Services To Pregnant Women  
&

20.b In an effort to improve access and a continuum of care for pregnant women, the following measures have been implemented. All services are available to all pregnant women and their infants to ensure early and adequate access to prenatal care, a medical home, health education, nutritional counseling, follow-up for compliance with social, medical and home environmental assessment and counseling.

Available Services:

A. Risk Assessment

All pregnant women should be evaluated for medical risks at the earliest possible time after confirmation of pregnancy. The assessment is in addition to the initial maternal care examination. A subsequent assessment is appropriate if and when the patient's risk status changes.

Another risk assessment is allowed for the infant and should be completed as soon after birth as possible.

A risk assessment is the "gateway" service that determines whether the patient is medically high risk. It is the determinant of whether the patient should receive coordinated high risk services or be offered non-high risk services.

B. Healthy Mothers/Healthy Futures Program

To encourage appropriate access and adequate medical care, all pregnant women may receive enhanced educational and referral services. All Primary Care providers enrolled may render and bill for delivery of the enhanced services as published in the Healthy Mothers/Healthy Futures Program.

Providers who participate in the Healthy Mothers/Healthy Futures program may bill using enhanced service codes which reflect the following services:

- Initial Maternal Care - This services takes place in a medical setting at the initial maternal visit. During this exam, the patient receives standard medical services from a physician including a physical examination, medical history and laboratory tests. The physician seeks to identify problems that may jeopardize birth outcomes. It includes health education, referral to Women, Infant and Children (WIC) and to any additional services considered appropriate. Reimbursement for this service is based only on referral, not on whether the patient chooses to pursue the services provided by these referrals. It is expected that the medical provider will inquire as to whether the patient pursued the referrals.
- Antepartum Exam With Additional Services - This service involves follow-up to determine whether the patient has chosen to pursue referrals and follow-up on missed appointments.

SC: MA 04-001

EFFECTIVE DATE: 07/01/04

RO APPROVAL: 10/25/05

SUPERSEDES: MA 90-007

- Postpartum Care With Additional Services - This service includes referral for family planning to WIC and parenting education. Reimbursement is not based on the patient's acceptance of a family planning method.

#### C. Postpartum Home Visit

The postpartum home visit is ordered by a primary medical care provider and provided by a licensed registered nurse. It focuses on the mother/infant within six weeks after delivery by identifying postpartum/newborn needs of the patient.

Postpartum home visit providers will:

- Perform a medical assessment of the postpartum mother/infant;
- Assess household components to determine barriers to health;
- Provide counseling regarding postpartum recovery, family planning, needs of a newborn; and
- Assist the family in establishing a primary source of care and a primary care provider (i.e., ensure that the mother/infant has a postpartum/newborn visit scheduled).

One repeat visit is allowed to follow up any identified medical needs (e.g., the postpartum mother had a fever at the time of the initial visit).

A pre-discharge home visit is allowed to assess the condition of the home of an infant who is, or has been, a patient in a Neonatal Intensive Care Unit (NICU) or, has had a significant medical problem. The goal is to ensure a safe household, conducive to the health of the infant, after discharge from the hospital. The visit must be made in response to a referral by a physician directly involved in the care of the infant while he or she is hospitalized.

Services may be provided by public (e.g., state/county health departments) or private (e.g., Federally Qualified Health Centers, home health companies, etc.) entities.

#### D. Enhanced Services

All non-high risk pregnant women are eligible for nutrition, health education and psycho-social assessments to determine factors that may negatively impact birth outcomes. If appropriate and deemed necessary after the evaluation, all pregnant women may receive nutrition and educational services in addition to psycho-social counseling. All appropriate referrals for treatment are covered if the patient is referred to an approved provider.

These services include the following:

1. Psycho-Social Intervention (PSI) - Assessment and treatment provided to maternity patients through face-to-face encounters. The assessment identifies psycho-social factors (e.g., spouse abuse, co-dependency, etc.) that may negatively impact the pregnancy and birth outcome. Problems that are identified by the assessment will be addressed through psycho-social follow-up/treatment services provided on an individual basis and based on a plan of care. These services may be provided in the clinic, home or other appropriate settings.

Appropriate Provider Staff: Must have master of social work degree or Bachelor of Social Work Degree, licensed as LMSW, LISW, or LBSW by the South Carolina Board of Social Work Examiners. The LBSW must be under the supervision of a masters level social worker (LMSW, LISW).

SC: MA 04-001  
EFFECTIVE DATE: 07/01/04  
RO APPROVAL: 10/25/05  
SUPERSEDES: MA 90-007

2. Nutritional Services - Assessment and treatment provided to referred maternity patients in the clinic or home through face-to-face encounters. The goal of nutrition services is to promote health by achieving and maintaining optimal nutritional status throughout the pregnancy. Nutrition services are an integral part of all health care. Conditions during the pregnancy which frequently necessitate referral include patients who are underweight/overweight or have low iron stores. A comprehensive nutritional assessment will be completed on any low risk maternity patient who is referred to a nutritionist. Prenatals should receive this nutritional service in such a timely manner that the greatest benefit from this service will be realized (e.g., early in gestation). The nutritional assessment must be in addition to the required WIC food frequency and nutrition education encounters. Nutrition follow-up/treatment is provided on an individual basis, based on a treatment plan.

Appropriate Provider Staff: Nutritionist with Master's Degree in Public Health Nutrition, Community Nutrition, Dietetics or a related field; or a Bachelor's Degree in Public Health Nutrition, Community Nutrition, Dietetics or related field; or a Bachelor's Degree and successful completion of a dietetic internship or a coordinated undergraduate program in dietetics.

3. Health Education - Information and process oriented activities provided on an individual or group basis. These services are based upon individual needs assessments and are designed to predispose, enable or reinforce the voluntary adaptation of behavior by the pregnant woman that is conducive to health and positive birth outcomes. Examples: parenting, smoking cessation, alcohol and other drug effects. Health education services will be provided in accordance with published guidelines, which include SHHSFC approval of curricula and providers.

Health Education Visits - Visits accommodate the need for confidential discussion, scheduling convenience and other learner needs.

Collaborative Group Instruction is learning through collaboration and involves at least three learners. Focused interaction is the essential element of this type of health education service.

Information Group Instruction allows and encourages interaction between learners; however, the primary focus is to distribute essential information in an attractive and stimulating format.

Appropriate Provider Staff: Health Education Specialist, Health educator I, II and III or appropriate designees (medical, nursing and allied health professionals).

SC: MA 90-007  
EFFECTIVE DATE: 4/01/90  
RO APPROVAL: 3/11/92  
SUPERSEDES: N/A

E. Family Planning

Family planning services should be an integral part of the medical and social care of the Medicaid eligible pregnant woman and parent of a newborn infant. The patient should be encouraged to seek and adhere to a family planning program of her choice. Family planning services are documented in the appropriate Medicaid Provider Manuals.

Existing family planning services focus on physical examinations to determine the appropriateness of a birth control method and the dispensing of the method (e.g., birth control pills, condoms). The enhanced family planning services provide for counseling and education to help pregnant women a) plan for their postpartum birth control method; b) make informed decisions regarding sterilization; and c) become aware of the potential health hazards of another pregnancy before the body has had time to heal from the current one. Existing family planning codes are not reimbursable at rates that include a provider's cost for the additional staff time to provide intensive counseling and education components. These enhanced services assure that the patient receives the vital information by accommodating the additional cost. The patient's freedom of choice for family planning services and/or family planning providers will not be restricted.

F. General Maternal Care

Antepartum and postpartum examinations are unlimited and not restricted by the Ambulatory Care visit limitations. All medical services including laboratory and x-ray are provided as medically indicated without limitations.

24.a **Transportation Services**

**GENERAL DESCRIPTION OF SERVICES EXCLUDED FROM THE NON-EMERGENCY MEDICAL TRANSPORTATION (NEMT) BROKER PROGRAM**

**A. Emergency Ambulance Services**

Emergency ambulance services is a Medicaid covered service that is delivered outside of the NEMT Broker program. These services are available through the emergency management system, which typically originates with a call to 911. Medical necessity for ambulance transport is established when the member's condition warrants an emergency transport for the purpose of receiving services covered under the Medicaid State Plan. Emergency ambulance services shall also include air ambulance transport by fixed and rotary wing aircraft. Emergency ambulance services are covered by Medicaid for the fee-for-service members and by the Managed Care Organizations (MCOs) for the managed care enrolled members.

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**B. Special Needs Transportation**

Special Needs transportation services is a Medicaid covered service that is delivered outside of the NEMT Broker program. State agencies provide special needs transportation to designated populations under contract with SCDHHS. Identified state agencies that provide this transportation are the School for the Deaf and Blind, the Department of Social Services, Continuum of Care and the Department of Education. The special needs populations approved for these services are generally comprised of unescorted children, consumers of some mental health and therapeutic services and other special Medicaid eligible members with unique transportation needs. Transports are generally provided for Medicaid eligible members to mental health or behavioral treatment services at community-based providers. Special needs transportation services are covered by Medicaid as fee-for-service, regardless of the member's enrollment in a Managed Care Organization (MCO).

**C. ADULT DAY HEALTHCARE TRANSPORTATION UNDER 15 MILES**

NET broker services are not furnished for beneficiary transport to an Adult Day Health Care center within an exclusion zone of 15 mile radius of an Adult Day Health Care facility. Beneficiary transport within the 15 mile zone is the responsibility of the Adult Day Health Care provider. The cost of Beneficiary transportation to Adult Day Health Care services within the 15 mile radius of the facility is the responsibility of the Adult Day Health Care Provider.

**D. Nursing Home Non-Emergency Medical Transportation**

Non-emergency medical transportation (NEMT) for nursing home residents is a Medicaid covered service that is delivered outside of the NEMT Broker program. Nursing homes are responsible for arranging and paying for all NEMT transportation costs for their residents. Nursing home rates contain a NEMT component, allowing nursing homes to obtain NEMT services for their residents from any qualified transportation provider, as defined by the South Carolina Office of Regulatory Staff and the South Carolina Department of Health and Environmental Control.

24.d NURSING FACILITY SERVICES (FOR PATIENTS UNDER 21 YEARS OF AGE). Prior approval for admission (or upon request for payment) and/or prior approval for resident case mix classification as appropriate is the responsibility of the Division of Community Long Term Care, SCDHHS. Annual validation of resident case mix clarification based upon a random sample of 20% of facility residents shall be performed for SCDHHS, under contract by DHEC. Includes services provided in a swing bed hospital. Includes subacute care provided to ventilator dependent patients when contracted to provide this care (effective 04/01/89).

Basic services and items furnished in a nursing facility that are included in the per diem rate and must not be charged to the patient include the following:

- A. Nursing Services - Includes all nursing services to meet the total needs of the resident, the administration of treatments and medications as ordered by the physician, assistance with mobility (walking and wheelchair), and routine nursing supplies. Nursing supplies include, but are not limited to such items as syringes, air mattresses, I.V. supplies, adhesive tape, canes, ice bags, crutches, glycerine, mouth swabs, water pitchers, bed pans, thermometers and urinals.
- B. Special Services - Including assistance by the facility social worker, participation in planned activities, physical therapy, speech therapy, occupational therapy and inhalation therapy.
- C. Personal Services - Services for the comfort of the resident which include assistance with eating, dressing, toilet functions, baths, brushing teeth, washing and combing hair, shaving and other services necessary to maintain a clean, well kept personal appearance. Includes assistance with walking and wheelchair use when necessary. Diapers and underpads are provided as needed.
- D. Room and Board - Includes a semiprivate or ward accommodations, all meals including special diets and snacks ordered by the physician. Includes feeding residents if unable to feed themselves and tube feedings. Housekeeping services and bed and bath linens are included.
- E. Safety and Treatment Equipment - Including, but not limited to the following items: standard wheelchairs, infusion equipment, bedside commode, side rails, restraint chairs (Geri-chairs), suction apparatus, walkers, crutches, canes and other equipment that is generally used by multiple residents and does not become the property of the individual resident.
- F. Medications - Over-the-counter (OTC) non-legend medications are included (except for insulin).

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- G. Medical Supplies and Oxygen - The following items are included, however, the included items are not limited to this list: oxygen, supplies used for inhalation therapy, catheters and related supplies, dressings, disposable enema equipment or other irrigation supplies, I.V. solutions, disposable instrument trays, levine tubes and other supplies ordered by a physician or necessary to meet the needs of the resident because of the resident's medical condition.
- 24.e EMERGENCY HOSPITAL SERVICES - These services are subject to the limitations found in the introduction to the Limitation Supplement to Attachment 3.1-A.
- 28(i) Licensed or Otherwise State-Approved Freestanding Birth Centers: - Medicaid will provide coverage for Birthing Centers as long as they are licensed by the appropriate licensing and regulation agency(ies) and are an enrolled provider in Medicaid. Services will be limited to obstetrical services, newborn care and routine maternal care.
- 28(ii) Licensed or otherwise State-Recognized covered professionals providing services in the Freestanding Birthing Center: - Medicaid coverage for Licensed Midwives and Certified Nurse Midwives includes all obstetrical services, newborn care and medical routine maternal care. All services must be medically necessary.

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